

# **STUDY IN LAPLAND**

**INTERNATIONAL PROGRAMMES AND COURSES**

**2006-2007**

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The University of Lapland reserves the right to change the regulations, programmes, and course requirements presented in this publication without prior notice.

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This guide is intended to help international students at the University of Lapland. We know from experience that living on the Arctic Circle is not always easy and simple. It is actually quite a brave venture to survive and gain professional knowledge in the North. Yet, people have lived here for generations. There are many things that have made Lapland well known in the world: the indigenous Sámi people, Santa Claus, the Midnight Sun, and the aurora borealis.

Part One of this guide presents the University of Lapland and the Finnish educational system; state regulations and permits; facts about living in Finland, Lapland and Rovaniemi; and the Student Union.

The main language of instruction at the University of Lapland is Finnish. Although we strongly appreciate international students who have learned some Finnish prior to their exchange period, it is seldom possible for exchange students, who will be staying here for only a short time, to complete courses given in Finnish. Therefore, we offer a number of courses in English.

Mr. Ari Virtanen  
 International Studies Coordinator  
 International Studies Centre  
 The University of Lapland

Part Two of this guide presents international studies to be given during the academic year 2006/2007 in the five faculties and the departments of the University. The exact course catalogues are not completed yet, but from this guide you can get an idea of what we will offer. Bear in mind that the information presented here is subject to changes.

**You can find the latest information at <http://www.ulapland.fi/studies> and <https://weboodi.ulapland.fi/oodi/>. The course information will be ready in late April 2006.**

This guide is intended primarily for visiting students. Students who are interested in degree studies should contact Ms. Pia Seppälä at the International Office. We hope that this guide will help you when planning studies in Rovaniemi. We are looking forward to seeing you at the University of Lapland!

Ms. Pia Seppälä  
 Head of International Student Services  
 International Office



# Part I

## Studying and Living in Finland

# 1. University of Lapland

## 1.1 General Information

Established in 1979, the University of Lapland is the second youngest of the Finnish universities. Located on the Arctic Circle, it is also the northernmost university in Finland and the European Union. In its first semester, the University had an enrolment of only 300; today there are about 4,200 full-time students, 400 postgraduate students and 200 foreign exchange students in five faculties. The University of Lapland has 650 teachers and other staff. In 2005, the University's budget was EUR 44,2 million (EUR 31,2 million in state funding from the Ministry of Education and EUR 13 million in external funding from e.g. the European Union's structural funds, the Academy of Finland, and other similar sources.)

Year	Full-time students	Postgraduate students	Exchange students
1979	312		
1989	1472		
1995	2412	201	55
1999	3382	264	118
2002	3963	304	148
2005	4200	400	214

The University of Lapland has five faculties (Art and Design, Business and Tourism, Education, Law, and Social Sciences), six institutes (the Arctic Centre, the Department of Research Methodology, the Language Centre, Meri-Lappi Institute, Regional Services, and the University of Lapland Library) and the Administration and Development unit. Approximately 440 degrees are taken yearly in the five faculties of the University.

The University of Lapland is a diversified centre for education and research where science and arts come together in a unique fashion. The five faculties - both combined and as separate units - form a whole that will creatively meet the challenges of the future with courage and new courses of action. An objective of the University of Lapland is to promote knowledge of the Northern regions of the world, their social and cultural development and the welfare of the people living in the Northern regions. The strengths of the University are reflected in all its activities: knowledge of Northern society, know-how in providing services and experiences, media and design as part of the Science University, and extensive adult education.

The University of Lapland's research strength lie in northern issues, particularly in the fields of art and design, welfare, minorities, international relations, international jurisprudence and applied environmental studies. University researchers move with ease among the fields of art, science and technology - whether the question is one of cooperation between social work and industrial design or research in the application of new media.

In practice, research is divided into basic and applied research, as well as service and custom research. Basic research appears, for example, in university doctoral dissertations. Various research and development projects, which are conducted in cooperation with actors outside of the university, are considered applied research. Service and custom research is agreed upon separately with representatives of the University. The focal research areas, in addition to Northern Finland, are the North Calotte, Northern Europe, the Barents Region and the Circumpolar North.

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## 1.2 Academic Year

The academic year at the University of Lapland comprises two semesters. The autumn semester is 1 August to 31 December, spring semester 1 January to 31 July. Teaching is divided in 5 teaching periods. The opening ceremony of the academic year is always on the first Monday of September. Teaching during the academic year has been divided into five teaching periods.

### Teaching Periods 2006–2007:

1. period: 4 Sept. – 29 Oct. 2006 (8 weeks)
2. period: 30 Oct. – 17 Dec. 2006 (7 weeks)
3. period: 8 Jan. – 4 March 2007 (8 weeks)
4. period: 12 March – 20 May 2007 (10 weeks)
5. period: Summer Schools/possibility for monthly examinations/holiday

### University Calendar

**August 1**, Beginning of autumn semester  
**September 4**, Opening Ceremonies of the University  
**September 5 – 8**, Orientation Week

**September 11**, Courses begin  
**December 15**, Courses end  
**December 31**, End of autumn semester

**January 2**, Beginning of spring semester  
**January 8 – 12**, Orientation Week  
**January 8**, Courses begin  
**May 20**, Courses end  
**July 31**, End of spring semester

### Instruction in the departments begins

-in the autumn semester; during weeks 36-37/06

-in the spring semester; during weeks 2-3/07

### Public Holidays 2006–2007

Here are the public holidays in Finland. In these days all public offices (including the university) and most of other services (banks, grocery stores, post offices, etc.) will be closed. Please note that the university building will be closed also in December, between Christmas and the New Year, and the whole month of July.

#### Autumn 2006

November 3	All Saints' Day
December 6	Independence Day
December 25	Christmas Day
December 26	Boxing Day

#### Spring 2007

January 1	New Year's Day
January 6	Epiphany
April 6-9	Easter
May 1	May Day
May 17	Ascension Day
June 23	Midsummer Day

## 1.3 International Services at the University of Lapland

The International Office and the International Studies Centre (ISC) are the units responsible for international issues at the University of Lapland. The International Office has responsibility for general international activities. The International Studies Centre coordinates and develops international education at the University.

The University of Lapland has approximately 250 partner institutions around the world. Every year around 150 of our students do part of their degree in one of these institutions. Correspondingly, approximately 200 students have chosen our university to be their host for one semester or an entire academic year.

### International Office

The International Office is responsible for 1) implementing the University 2010 strategy and the International strategy, 2) administration of international collaboration agreements and programmes, 3) administration of overall international mobility (staff, researcher, student), 4) dissemination of internal and international information and 5) management of international matters in general.

The International Office is responsible for International Student Services, a unit that produces and disseminates information and material related to student exchange as well as the admission process. International Student Services also guides incoming students into Finnish language studies, living in the North and the study system at the University of Lapland.

International Student Services also provide on-site services, such as the orientation programme for incoming international students, Finnish student tutors to help the student to adapt to Finnish society and culture

and to the academic environment. All students coming to our university get a free e-mail address and free access to Internet services. The office also arranges Friend Family Programme. International Student Services keep incoming students up to date on news and events through an e-mail list called "International list".

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### International Studies Centre (ISC)

International courses taught in English are an important dimension of the education provided by the University of Lapland. Courses are taught in foreign languages in all the faculties, in the Language Centre and in the Department of Research Methodology. The Arctic Centre, a separate institute of the University, also contributes to the international course offering through its Arctic Studies Program. The Centre also runs the international Arktis Graduate School.

International programmes and courses within the University of Lapland are coordinated by the International Studies Centre. The Centre also develops new multi-disciplinary study programmes that address topical issues.

Today, a student can choose from a wide range of programmes, such as the Master's Degree Programme in Northern Resources, Arctic Studies, Russian Studies, Intercultural Communication, Cultural Industries and Media Analysis.

In addition to these programmes, the faculties arrange international programmes, for example, Women's Studies (Faculty of Education), Community Art and Environment Studies (Faculty of Art and Design) and Master of Comparative Law MCL (Faculty of Law).

Each year, the International Studies Centre publishes a Course Catalogue and the Study in Lapland guide that contains general information on Finland, Lapland and the University of Lapland. The Study in Lapland guide is sent to all partner institutions and incoming exchange students. Additional information on the Centre is available on the Internet.

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## Faculty International Coordinators

Each faculty has an international coordinator who is responsible for international studies in his or her faculty. The coordinators also help with learning agreements, transcripts of completed studies (except for students of programmes coordinated by International Studies Centre). Contact Information of the Faculty international Coordinators is available at the end of the introduction to each faculty.

## 1.4 Faculties

### Faculty of Art and Design

The Faculty of Art and Design at the University of Lapland was established in 1990. There are only two Universities in Finland that offer a university level degree in the field of art and design: the University of Lapland and the University of Art and Design in Helsinki. The Faculty has five departments and five degree programmes.

#### Department of Art Education

The Department of Art Education offers a master's degree programme in art education. The graduates are qualified to teach art in comprehensive schools, upper secondary schools, vocational schools, and in visual art schools for children and youth. The art education major consists of cumulative modules in practical art education, image theory, artistic expression and research. Teaching in the art education programme has been developed to address the variety of responsibilities students will encounter in future art education.

#### Department of Media

The Department of Media offers degree programmes in audiovisual media culture and in graphic design.

#### Audiovisual Media Culture

Media studies are located at the crossroads of art, science and technology. On the one hand, the field undertakes to understand and explain the role of computer-based media in modern society and the future; on the other, it offers artistic, theoretical and analytic tools with which students can refine their own artistic expression and produce applications. The programme emphasises independent work in an international artistic and research-oriented environment.

#### Graphic Design

The degree programme in graphic design educates designers within different areas of graphic design and visual communication. The education focuses on analytical, aesthetic and practical aspects in different media contexts offering both analytical and theoretical studies, which provide a foundation that enables students who are interested in research to go on to complete a doctorate. The degree programme includes courses for example in typography, applied graphics, information graphics, visual culture and representation. The graphic design degree programme prepares designers for a variety of responsibilities requiring visualisation.

#### Department of Industrial Design

The Industrial Design degree programme offers training in the development of industrial products – objects, equipment and environments – and in research dealing with the surrounding object environment. The studies consist of various research and design projects in which students apply theoretical knowledge to practical problem solving situations.

#### Department of Textile and Clothing Design

The graduates of the Textile and Clothing Design master's degree programme are qual-

ified for responsibilities in design, research, teaching or entrepreneurship. Students may choose to concentrate on either textile or clothing design. Studies in both fields include product design in digital environments and the basics of research. A thorough understanding of materials, design methods and the manufacturing techniques for textiles and clothing provides a foundation for broad-based research and product development that covers a range of ethical, ecological and cultural perspectives. Collaborative projects form an essential aspect of the studies.

#### Department of Art and Cultural Studies

The Department of Art and Cultural Studies provides the faculty's degree programmes with basic courses on theory and art studies, including drawing and painting, sculpture, printing, and photography. In addition, the department offers the students a possibility to choose a minor in art history, cultural history, fine arts and in photography. Advanced-level studies are offered in art history, cultural history and in fine arts. The department also supports the faculty's doctoral level studies by organizing seminars and tutoring doctoral students.

#### Research

Research in the Faculty of Art and Design is characterized by the close interaction of science and art, enabled by the faculty's unique position as part of the multi-faculty university. The research cover topics related to the North, experience industry, service design and digital technology used in art, media and cultural industry processes from innovation to production.

#### The degrees offered by the Faculty

- Bachelor of Arts (Art and Design), 3 years
- Master of Arts (Art and Design), 2 years
- Doctor of Arts (Art and Design)

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### Faculty of Business and Tourism

The Faculty was established at the beginning of the year 2004, when the Department of Business, Economics and Tourism separated from the Faculty of Social Sciences. Education has been given in the field of tourism at the University of Lapland since 1994 and in the field of business and economics since 1986. The Faculty of Business and Tourism is a networked faculty which works closely with the Faculty of Social Sciences, the Faculty of Art and Design, and the Faculty of Law. Therefore, students may select electives that easily give them innovative and competitive orientation profiles. The current enrolment in the faculty is approximately 600 students. There are four different degree programmes in the Faculty of Business and Tourism: Accounting, Management, Marketing, and Tourism Studies.

#### Accounting

The degree programme in Business Administration started in 1986 and was renamed Accounting in 1997. Students majoring in accounting specialise in financial planning,

accounting, decision making in financial matters and financial administration. The degree qualifies students for management, financing, accounting, and investment positions in the public and private sectors, and provides a solid foundation for starting one's own business.

### Management

The degree programme in Management, leading to the degree of Master of Social Sciences, started in autumn 2002. The programme focuses on the interplay of organisational processes and managerial activities in business settings. The main emphasis of the programme is on knowledge-intensive businesses.

### Marketing

The teaching of marketing as a minor subject began in 1990 and the degree programme in Marketing began in 1997. Special emphasis is placed on service marketing, media marketing, and tourism marketing. Marketing graduates qualify for jobs in fields such as the management and planning of marketing for private and public organisations, advertising, marketing research, and international and service operations.

### Tourism Studies

Tourism is one of the fastest growing economic sectors in the world. Its significance as an industry, form of consumption, and part of human welfare increases continuously. The University of Lapland meets this challenge by providing multidisciplinary education that leads to a degree in tourism – the only such degree in Finland. Students majoring in tourism can specialize in one of three areas: Tourism Marketing, Cultural Studies of Tourism or Nature Tourism.

### Minor Subject Studies

The Faculty of Business and Tourism also

offers courses, mainly in the Finnish language, in the following minor subject studies: Business Law, Economics and Environmental studies. The discipline of Economics regularly offers courses on the Finnish Economy and Monetary policy and banking also in the English language.

### The degrees offered by the Faculty

- Bachelor, Master, Licentiate and Doctor of Science (Economics and Business Administration)
- Bachelor, Master, Licentiate and Doctor of Social Sciences

### Contact Information

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## Faculty of Education

Research that will benefit education on both the local and national levels is of particular importance in the Faculty of Education. Further concerns are that the research should be multidisciplinary, that it should take into account the challenges posed by society, and that it should encompass the various stages of schooling and the related teaching methodology.

During autumn 2000 there were about 640 students working towards a master's degree in the Faculty. International contacts have been established with universities in the other Nordic countries and elsewhere through participation in scientific symposia and conferences. The Faculty offers a number of spe-

cialisation courses in English.

The degree programmes in the Faculty are Class Teacher Training, Adult Education and Education. Graduates of class teacher training are qualified comprehensive school teachers (classes 1-6). The adult education programme gives the students the skills needed to work as specialists within the fields of vocational adult education, education in working life, development in the private sector and research on working life. The minor subjects offered support these interests. The degree programme in education, which features a wide range of courses, is suitable for students intending to work as specialists in the field of educational planning, research or administration. It is also suitable for those who will occupy different positions in teaching.

The teacher training school, which is maintained by the State and is part of the Faculty of Education at the University of Lapland, is a lower comprehensive school where trainee class teachers complete their teacher training practice.

### The degrees offered by the Faculty

- Bachelor of Education
- Master of Education
- Licentiate of Education
- Doctor of Education

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## Faculty of Law

The Faculty of Law at the University of Lapland was established in 1979. There are more than 950 degree students in the Faculty. The academic staff of the Faculty consists of 16 professors, 3 senior assistants, 11 assistants, 3 lecturers, and several researchers. All the main fields of legal research are represented in the Faculty. The Faculty has its own publication series and three research institutes. In addition to basic scientific research, Faculty professors, with funding from the Academy of Finland, European Union and other external sources, have conducted several independent research projects in different fields of law. Special areas of research in the Faculty include legal informatics, legal linguistics, and law of the sea. The Faculty works in close cooperation with courts of law, other law faculties in Finland and its counterparts internationally.

From the beginning of the academic year 2005/06 the law degree was divided in two cycles, Bachelor of Laws degree programme (180 ECTS cr.) and Master of Laws degree programme (120 ECTS cr.), in accordance with the principles of the Bologna Process. The degree studies consist of basic, language, subject, and advanced studies. Basic studies in the Bachelor of Laws degree programme include compulsory courses in written and oral communication, accountancy, legal theory, legal systems and legal history, legal linguistics, and legal informatics. The compulsory subject studies consist of courses in law of persons, family and inheritance law, law of obligations (contract and tort law), commercial law, property law, intellectual property rights and competition law, environmental law, labour and social welfare law, administrative law, tax law, criminal law, procedural law, insolvency law, and private international law and comparative law. The compulsory language studies include courses in Swedish (the other official language) and in a foreign language. Additionally, students

may take supplementary courses. The Bachelor's degree is completed with a seminar and thesis work.

The compulsory subject studies in the Master of Laws degree programme include comparative legal linguistics, procedural law, administrative law, constitutional law, public international law, and European law. Advanced studies concentrate on some central, scientifically relevant problem that requires special juridical knowledge. The majority of a student's advanced studies consist of project studies and research work. The most extensive single study module is the writing of the Master's thesis. Both the Bachelor's and the Master's Degree programmes include optional practice. The Master of Laws degree entitles the holder entry into civil service within the judicial administration and is a prerequisite for practice at district courts. The holder is also entitled to apply membership of the Finnish Bar Association after some years' work experience in legal profession.

The main language of teaching in the Faculty is Finnish. The bachelor's and master's programmes in law are only available in Finnish. However, the Faculty offers a wide selection of courses in English for exchange students. Most of these courses comprise written exams based on independent studying of required reading but several of them also include lectures or seminars in English. Law studies require a lot of individual independent work, which emphasizes the importance of a personal study plan and discipline.

The postgraduate degrees offered by the Faculty are Licentiate of Laws and Doctor of Laws. Students who have completed the foreign equivalent of a Master of Laws degree and whom the Faculty deems capable of successfully pursuing a postgraduate degree are eligible for admission to either the licentiate or doctoral programme. It is possible to take these postgraduate studies in English, too.

### Contact Information

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### Faculty of Social Sciences

The Faculty was established in 1982 and has an enrolment of approximately 1,150 students. The research strengths of the Faculty lie in northern themes, welfare studies, minority questions, research in international relations and applied northern environmental studies. The research conducted at the Faculty includes basic and applied research in current themes of social sciences. There are eight different degree programmes at the Faculty of Social Sciences: Administrative Science, Applied Psychology, International Relations, Political Science, Public Law, Rehabilitation, Social Work and Sociology.

#### Administrative Science

The administrative science programme offers students a combination of studies concentrating on Finnish public administration, public administration in different countries and administration in public, non-profit and private organisations. The focus is on two main fields: public administration and its role in society and administrative systems in different (public and private) organisations.

#### Applied Psychology

Applied psychology is a new major subject at the Faculty, with the first enrolment in autumn 2005. The discipline is based on analy-

sis of human experience and it gives students an ability to understand human interaction and work in, e.g. management, supervision and consultancy positions in various fields that require a thorough understanding of human behaviour, good communication skills, and creative thinking.

#### International Relations

The discipline of International Relations studies the international system, its structures, and the activities taking place within the system. These include interaction among states as well as international organisations (e.g. the European Union), independent organisations (e.g. Greenpeace), and individual citizens. External and security policy and the questions of war and peace in general are the traditional focuses of research. The particular focus is on the problems of the northern regions, but northern issues are connected to the globalising world through comparative research.

#### Political Science

Political Science is a discipline interested in political ideas and institutions and the wide range of activities that are said to belong to politics or to contain a political element. Studies in political science provide a thorough understanding of the political aspect of human societies, including the working of different political systems, democracy and political participation, new forms of politics, and the historical development of political ideas.

#### Public Law

The degree programme in Public Law lies at the crossroads between law and the social sciences. The programme includes studies in both administrative law and constitutional law. Graduates are prepared to work in various positions in public administration, for example, as coordinators and researchers. The focus of public law at the University of Lapland is on two main fields: general public law and medical law.

### Rehabilitation

The multidisciplinary programme of rehabilitation focuses on the individual's working ability, physical and psychological functioning, social integration, and empowerment as well as the various processes, systems and factors that influence these abilities. The different interventions classified under the heading of rehabilitation focus not only on the individual, but also on his or her physical and social environment, workplace, family and living conditions. The study of rehabilitation gives the student a good understanding of the theoretical basis and empirical processes of rehabilitation, its research and evaluation.

### Social Work

Social work is an applied science, with a strong connection between research and teaching. Scientific knowledge is used to solve social problems and to support people in coping. The main task of the Department of Social Work is to educate social workers for public and private service and to conduct research. Graduates also work as teachers, researchers, project leaders and planners.

### Sociology

Sociology seeks scientific explanations for how social structures and the relationships between culture and people develop. Sociology draws on the general social scientific theories and analyses the phenomena of today. Virtually anything can be studied from a sociological perspective. Sociology is not primarily about identifying the focal point of research; rather, its specificity lies in the approach. Sociology seeks order and logic in the unlimited wealth of human activity that we meet every day. Understanding this logic requires combining theories of social phenomena with diverse empirical approaches. The methodology of empirical sociological research includes interviews, observation, and the use of statistics.

### Minor Subject Studies

The Faculty of Social Sciences also offers courses, mainly in the Finnish language, in the following minor subject studies: Environmental studies, International Law, Psychosocial Work, Social Gerontology and Social Policy.

### The degrees offered by the Faculty

- Bachelor, Master, Licentiate and Doctor of Administrative Sciences
- Bachelor, Master, Licentiate and Doctor of Social Sciences

### Contact Information

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## 1.5 Institutes Arctic Centre

The Arctic Centre is a Finnish national institute for Arctic research. It was founded in 1989 as a special department at the University of Lapland. The Arctic Centre consists of three units: the Research Department, the Information Service and the Science Centre.

The aim of the Arctic Centre is to become the top-level unit for Europe's Northern Dimension and knowledge of the Arctic. It conducts internationally high-level multidisciplinary research, carries out project services, maintains the Science Centre exhibitions, the Information Service and a library, and provides education. All activities are located on

the banks of the Ounasjoki River in the striking Arktikum Building, and the Centre is one of Lapland's most frequently visited tourist attractions. About sixty people work at the Arctic Centre. In 1997, the Northern Institute for Environmental and Minority Law also became part of the Arctic Centre.

### Research Department

The research activities span environmental research in both natural and social sciences. The multidisciplinary research at the Research Department focuses on the interaction between humankind and the environment. International research is conducted in the Arctic, subarctic, and boreal zones of the northern hemisphere. The research focuses on three main points: the interdependency of humankind and nature, global change, and sustainable development, which includes judicial issues. Research constructs new multidisciplinary and interdisciplinary practices of environmental research in the natural and social sciences. The Centre's own institute, the Northern Institute for Environmental and Minority Law (NIEM), engages in legal research on minorities and the northern regions.

### Science Centre

The Science Centre maintains and develops the permanent and temporary exhibitions of the Arctic Centre, which are housed in the Arktikum building on the banks of the Ounasjoki in Rovaniemi. The exhibitions are arranged in a friendly and interactive atmosphere, and they cover the overall circumpolar regions. They present the arctic environment and the lives of the Arctic Peoples as well as issues related to ongoing changes. The permanent exhibition includes original materials and copies, wide enlargements as well as multimedia shows and interactive stations. In addition to popularizing arctic research, the Science Centre aims at raising public awareness of and interest for science and arctic issues.

### Information Service

The Arctic Centre Information Service and library provides services for those requiring information about the Arctic regions. The mission is to provide the user community with an efficient service for locating and assessing sources of information on the Arctic.

The Information Service develops and maintains databases and www-portals dealing with e.g. arctic research, the environment, the Barents region and thematic maps.

The library has a collection of arctic literature dealing with nature, natural phenomena, the environment, expeditions, peoples, cultures and livelihoods in the Northern regions, especially the Arctic. The electronic resources of the library include library catalogues, electronic journals and reference databases.

### Contact information

*Visitor's address*  
University of Lapland,  
Arctic Centre  
Pohjoisranta 4,  
Rovaniemi, FINLAND

*Mailing address*  
University of Lapland  
Arctic Centre  
P.O. Box 122  
FI-96101 Rovaniemi, FINLAND

Tel. +358 (0)16 341 2773  
Fax +358 (0)16 341 2777  
[www.arcticcentre.org](http://www.arcticcentre.org)

## The Department of Research Methodology

The Department of Research Methodology (MELA) is a separate institute of the University of Lapland, which plans and organises courses on research methods and methodology, information technology, philosophy, cultural history, mathematics, and statistics. The Department courses are open to all students. Students can – depending on their interests – take individual courses or study research methodology as a minor. The Department consists of several units: the Research Methodology unit, International Studies Centre (ISC), Centre for Research Education, and Department of Applied Information Technology.

### Research Methodology Unit

#### Contact Information

Assistant  
Hanna Peltomaa  
Tel. +358 (0)16 341 3225  
[mela@ulapland.fi](mailto:mela@ulapland.fi)

### International Studies Centre (ISC)

Please see chapters 1.3 and 12 of this guide.

### Centre for Research Education

The Centre for Research Education plans, coordinates, and arranges educational opportunities for all postgraduate students at the University and the Arctic Centre. The Centre is a multidisciplinary forum that brings together researchers and students. It also aims to build Finnish and international research networks and communities, and to support those engaged in research as a profession.

Postgraduate students and established researchers are the essential focus of the Centre's work, and all of the courses offered are designed to meet their academic and profes-

sional needs. The Centre provides courses that support the different stages of research and the constructing of professional expertise. The curriculum also covers courses on methods, methodology and philosophy of science, writing scientific articles in English, and presentation skills. In addition, the Centre organizes seminars, keynote lectures, and researchers' conferences with varying topics, as well as various types of courses that develop professional skills, such as planning and managing research projects.

The Centre for Research Education does not provide funding or research positions; rather it supports your own research and career as a researcher. It also offers advice and chances to network over faculty and department boundaries. If you are or will be a post-graduate student at the University or are looking for a community of researchers to work with, feel free to contact the Centre and to take part in the many opportunities it makes available. Seize the opportunity offered by the Centre to join a multidisciplinary research community.

### Contact Information

Centre for Research Education  
Ms. Hanne Alajoutsijärvi  
Tel. +358 (0)16 341 3241  
tuko@ulapland.fi  
www.ulapland.fi/crescendo

### The Department of Applied Information Technology

Information technology (IT) contains the areas of traditional information technology, computer science and information systems science, and communication technology. Information technology teaching at the University of Lapland is content-oriented, supported with study modules that focus on the theoretical base of information technology, methodological studies, and studies that relate to faculties' major subjects. The content-oriented studies are aimed at the so-called

'borderline' between information technology and the major subject. Content-centred, practical and user-oriented teaching also serves the objectives of faculties' major subjects. Information technology can be chosen as a minor subject in all faculties; in master's degree programmes information technology studies are 100 ECTS credits wide. In master's degree programmes the studies are included in faculties' major subjects. The Faculty's secretary of studies and the teachers of major subjects and information technology make a personal curriculum (HOPS), which contains all the information technology studies, major subject's studies and other studies required for a degree. The master's degree programme student makes a cross-scientific master's thesis. The subject of the thesis is related to his/her major subject but has a strong emphasis on information technology. The major subject's professor and information technology professor are responsible for the guidance arrangements of the thesis. Combining a student's master's degree programme with studies of information technology yields versatile and multidisciplinary specialists in many areas of society, e.g. in leadership, teaching, design and research. Tasks can relate to e.g. electronic commerce, content production, travelling, media technology, marketing, juridical applications or software industry.

### Contact Information

Department of Research Methodology  
Tel. +358 (0)16 341 3225  
mela@ulapland.fi

### Regional Services of the University of Lapland

The function of the Regional Services of the University of Lapland is to provide university-level regional services based on demand and research knowledge.

The Regional Services special department directs, coordinates and develops

- research that supports the university's regional development in cooperation with regional development authorities, companies, regional organizations, and national as well as international actors;
- the university's open education and its regional degree studies;
- the university's vocational further education and the development and research work supporting it with demand and working life as starting points;
- the university's regional development and innovation activities through applied research, development and innovation ventures.

The regional effectiveness of the education is ensured by the regional cooperation of communities accomplished within the Provincial University of Lapland.

### The Regional Services of the University of Lapland operates through four profit centres:

Regional Research Services

The Regional Research Services coordinate research that supports regional development. This includes research on future and evaluation, and research supporting provincial development work. The research is accomplished jointly with regional development authorities, companies, regional organizations, and national as well as international actors.

### Contact information

Visitor's address  
Regional Research Services  
Yliopistonkatu 8 (E-wing, 2nd floor)  
FI-96300 ROVANIEMI

### Mailing address

Regional Research Services  
P.O. Box 122,  
FI-96101 ROVANIEMI  
Tel. +358 (0)16 341 2698  
leena.suopajarvi@ulapland.fi

Regional Development and Innovation Services

The Regional Development and Innovation Services are responsible for the university's development and innovation activities through applied research, development and innovation ventures. The task is carried out as development modules in cooperation with the other units of the university, customers, and other regional, national and international actors involved in regional development activities.

### Contact information

Regional Development and Innovation Services  
Siljotie 2, FI-96100 ROVANIEMI  
P.O. Box 122, FI-96101 ROVANIEMI  
Tel. +358 (0)16 341 2943  
tkkinfo@ulapland.fi  
<http://www.ulapland.fi/?deptid=9001>

The Open University

The aim of the Open University is to promote educational and regional equality. Open University education is open to everyone, regardless of educational background or age. The goals may vary: improving general knowledge, upgrading the student's basic education or self-development. Studying at the Open University also helps you prepare for future academic degree studies.

Open University education is arranged in co-operation with the faculties of the University of Lapland. The courses correspond to regular degree studies in terms of both objectives and requirements. Open Universities cannot award degrees, but the credits obtained in them are transferable and can be used as part of a degree should you later enrol in a university.

## 1. University of Lapland

The lectures take place in the evenings and on weekends, so that as many as possible might participate in the studies. Open University studies are also arranged in co-operation with other educational institutions, such as adult education centres, folk high schools and summer universities. Studying at the Open University is part-time and general in nature and, therefore, students are not entitled to financial aid or other social benefits for students. Most of the courses are taught in Finnish.

### Contact Information

#### Visitor's address

Open University  
Yliopistonkatu 8 (E-wing, 1st floor)  
FI-96300 ROVANIEMI

#### Mailing address

Open University  
P.O. Box 122  
FI-96101 ROVANIEMI  
Tel. +358 (0)16 341 2952  
avoin@ulapland.fi  
<http://www.ulapland.fi/avoin>

Education and Development Services

The Education and Development Services offer vocational further education and related development services that support it. This is accomplished jointly with the educational units of the university, customers, and other regional, national and international actors dealing with education.

### Contact information

#### Visitor's address

Education and Development Services  
Siljotie 2  
FI-96100 ROVANIEMI

#### Mailing address

Education and Development Services  
P.O. Box 122, FI-96101 ROVANIEMI  
Tel. +358 (0)16 341 2954  
koke@ulapland.fi  
<http://www.ulapland.fi/?deptid=18407>

## The University Of Lapland Library

The University of Lapland Library - a learning centre on the Arctic Circle - is the information centre of the northernmost university in Finland. It is a scientific library open to everyone, with collections including material for all the educational and research fields in the Faculties of Art and Design, Business and Tourism, Education, Law and Social Sciences. As a European Documentation Centre, the Library includes the official publications of the European Union in its collection. The Library was founded in 1979 and today supports efficient study, teaching, and research by offering a range of services, including course material loans, extensive training in information retrieval, rooms for group work, and researcher rooms. Some of the training in information skills is provided in English.

In addition to printed books and magazines, the Library offers material in the electronic form. Various kinds of information sources are available: electronic journals, reference databases, subject gateways, web search services, etc. Information in the library collections is available through HILLA, the Web-based public access catalogue at <https://hilla.linneanet.fi/>. The University of Lapland Library has been part of the international network of European Documentation Centres since 1995. In addition to conducting information retrievals and giving free information, the EDC organises courses on EU information sources.

## The Library of Art and Design

The Library of Art and Design is in the university's main building. It is the northernmost library specializing in the world of art and applied arts. At the same time it functions as the faculty library for the Faculty of Art and Design. The library premises include three art galleries.

### Contact Information

University of Lapland  
Main Library  
Yliopistonkatu 8  
P.O. Box 8123  
FI-96101 Rovaniemi, FINLAND  
Tel. +358 (0)16 341 2915  
Fax +358 (0)16 341 2933  
[www.ulapland.fi/kirjasto](http://www.ulapland.fi/kirjasto)  
kirjasto@ulapland.fi

University of Lapland  
Library of Art and Design  
P.O. Box 122  
FI-96101 Rovaniemi, FINLAND  
Tel. +358 (0)16 341 2937  
[www.ulapland.fi/kirjasto/taidekirjasto](http://www.ulapland.fi/kirjasto/taidekirjasto)  
taidekirjasto@ulapland.fi

#### Main library, open

##### Term time:

- Mon-Thu 09.00-19.00
- Fri 09.00-16.00
- Sat 09.00-14.00

##### Summer:

- Mon 09.00-18.00
- Tue-Fri 09.00-16.00
- Sat. closed.

#### The Library of Art and Design, open

##### Term time:

- Mon-Thu 10.00-18.00
- Fri 10.00-16.00.

##### Summer:

- Mon-Fri 10.00-16.00.

On the day before holidays the Libraries close at 16.00. Exceptions will be announced separately. See also the Arctic Centre Information Services.

## Language Centre

The Language Centre provides language and communication skills instruction as part of the degree programmes for law, education, social sciences, business and tourism as well as art and design. The aim of the language courses is to familiarize the students with the scientific and professional language of each field. Subject-specific language courses are provided in Finnish, Swedish, English, German, French and Russian. The courses focus on academic reading, writing and oral skills.

Voluntary beginners' courses are offered in German, French, Russian, Italian, Spanish and Japanese. Finnish for Foreigners – courses are provided for foreign staff and foreign students. The students can choose language studies also as a minor subject for their degree. The Language Centre provides 25 ECTS credit unit of language and culture – studies in Finnish for Foreigners, Swedish, English, German, French and Russian. The Language Centre also provides a 25 ECTS credit unit in Speech Communication.

### Contact Information

University of Lapland  
Language Centre  
P.O. Box 122  
FI-96101 Rovaniemi, FINLAND  
Tel. +358 (0)16 341 2855  
Fax +358 (0)16 341 2866  
kike@ulapland.fi

## Meri-Lappi Institute

The Meri-Lappi Institute is active in regional development programmes and cooperative networks in the Kemi-Tornio and Bothnian Arc regions. The clients of Meri-Lappi Institute are mainly small- and medium-scale enterprises, the public sector and adult students

in Northern Finland. The Meri-Lappi Institute in Kemi offers master's programmes and continuing education.

### Contact Information

Meri-Lappi Institute  
Keskuspuistokatu 20  
FI-94100 Kemi, FINLAND  
www.mli.fi

## Administration and Development Unit

The Administration and Development unit of the University of Lapland coordinates and guides the development of the university in accordance with the guidelines set by the University Senate. The unit supports teaching, research and other activities at the university by handling centralized administrative duties and necessary support services.

The Administration and Development unit is headed by the Rector, and it includes the following divisions: Planning and Financing, International Affairs, Corporate Communication, General Administration, Teaching Development Unit, Procurement and Property, Personnel Services, Accounting and Payments, Congress Services, Student Services, ICT-Services and Career Services.

General Administration can be a vital place for students. There students can find the cashier and payroll office, places to contact if you happen to work for the University or otherwise receive financing from University. The Planning and Financing Unit coordinates the University's basic and supplementary financing and takes care of overall planning. The Corporate Communication unit develops the University's external and internal information, takes care of media relations, produces information material, coordinates the development of web-based information systems such as the website and the intranet, and is responsible for the organisation of academic festivities such as anniversary celebrations and opening ceremonies.

### Contact Information:

Most of the divisions of the Administration and Development unit are located at University main building, Yliopistonkatu 8 (E-wing, 3rd floor)

## 1.6 University Administration

Institutions of higher education in Finland are under the direct supervision of the Ministry of Education. While they are all state institutions, each has its own administration with complete autonomy in internal affairs.

### University Senate and Administrative Council

The University Senate is elected for a three-year period on a three-quota principle, i.e., one-third of the members are professors, one-third teachers, researchers and other staff, and one-third are students. The chairperson of the Senate is the Rector. The Administrative Council is a board that consists of representatives of various stakeholders in Lapland. It is a link between the University and the province.

### Rector, First Vice Rector and Second Vice Rector

The election of the Rector and two Vice Rectors is made by the election board.

The Rector is in charge of the faculties and the Administrative and Development unit.

After the election the Rector and Vice Rectors agree upon the division of duties, which is then confirmed by the University Senate. The Rector decides which one of the Vice Rectors takes care of Rector's duties while he/she is not able to handle them.

### Rectors

#### 1 August 2001 – 31 July 2006

- Mr. Esko Rieppula, PhD, Rector, Professor, Dr. of Administrative Sciences
- Mr. Jukka Mäkelä, PhD, First Vice-Rector, Director of Department of Research Methodology
- Mr. Juha Karhu, PhD, Second Vice-Rector, Professor in Law, Dr. of Laws

At the time of printing this guide, the election for the new Rector and Vice Rectors, starting their term in autumn 2006, was not made yet.

### Deans and Faculty Councils

The deans lead the faculties. Each faculty has a Faculty Council to develop instruction in the faculty, review curriculum proposals, supervise the admission of new students, organise entrance examinations, and to take care of other administrative and development duties. The faculty councils also make recommendations when professors and associate professors are appointed.

#### Faculty Deans

##### 1 August 2004 – 31 July 2006

- Ms. Tuija Hautala-Hirvioja, PhD, Faculty of Art and Design, Professor in Art History
- Mr. Jari Stenvall, PhD, Faculty of Business and Tourism, Professor in Public Administration
- Ms. Kaarina Määttä, PhD, Faculty of Education, Professor in Educational Psychology
- Mr. Markus Aarto, Faculty of Law (Deputy Dean)
- Mr. Kyösti Urponen, PhD, Faculty of Social Sciences, Professor in Social Politics

At the time of printing this guide, the election for the new Faculty Councils and Deans, starting their term in autumn 2006, was not made yet.

The Administration of other units at the University is directed by an Executive Board. The units are led by a Director. The Administration of internal service units at the University of Lapland is led by an Executive Board appointed by the University Senate.

## Other Planning and Administrative Organs of the University

The University of Lapland has a Teaching and Research Council appointed by the University Senate. The duties of the Teaching and Research Council are the general development of teaching and research and the development of their quality and evaluation at the university.

The Planning Committee of Regional Services is responsible for the strategic planning, guidance, coordination and follow-up of the regional development and innovation activities. It is also responsible for the vocational continuing education, Open University education, regional degree education, and regional development that supports research conducted at the University of Lapland.

The Planning Committee of Information Maintenance is responsible for making strategic guidelines to develop information maintenance and for guiding the development of information technology so that it supports the activities of the university as efficiently as possible. It is also responsible for guiding the development of the internal information circulation at the university and for working as a link between the users and the units providing information maintenance services.

## 1.7 University Premises

The University of Lapland operates in modern premises in Rovaniemi. The university main building is located on a lakeside campus (Rantavitikka) within walking distance of the centre of town. When the third enlargement of the university is finished at the end of July 2006, the Faculty of Art and Design moves to new premises at the campus area, and in autumn 2006 all faculties of the university are located on one campus. The Regional Development and Innovation Services, the Education and Development Services, the Teacher Training School and the Arctic Centre are located outside the campus proper but are also conveniently close to the city centre and main campus. The Student Union will move to its new premises near the university main building in August 2006.

### The University Main Building

The University Main Building was designed by Architect, Professor Juhani Katainen. The 1st construction phase was completed in 1987 and the 2nd phase was inaugurated in 1992. The second enlargement of the UMB was completed in September 2000. The university campus will be complete when the third enlargement is completed in July 2006.

Street address: Yliopistonkatu 8.

### The Arktikum House

The Arktikum House was designed by a group of three Danish architects: Soren Birch, Ellen Waade and Claus Bonderup. The first phase of the Arktikum was opened to the public on the Finnish Independence Day, December 6, 1992. The second phase (the Institute) was completed in September 1997. The second phase was partially financed by the European Union.

Street address: Pohjoisranta 4.

### The Teacher Training School

The Teacher Training School lies close to the city centre. The school building was completely reconstructed and renovated during the year 2000. The school hosts some 320 pupils from the pre-primary school to the 6th grade. Architect: Jan Lehtipalo.

Street address: Pohjolankatu 23.

### Siljotie 2 (“Rotko”)

The Regional Development and Innovation Services and the Education and Development Services of the University of Lapland are located in premises close to the railway station.

Street address: Siljotie 2

*“Studying without stress and fear and winning back fun to study; meeting people from very different cultural backgrounds; enjoying nature right in front of the door”  
Inga, 23, Germany*

*“The place, I loved it. The people I met. Everything I did...”  
Jennifer, 21, England*

*“... I think future will show. I will definitely come back one day, for whatever reason” Rolf, 34, Germany*

# 2. Studying at the University of Lapland

## 2.1 Universities in Finland

The Finnish education system consists of comprehensive school, post-comprehensive general and vocational education, higher education and adult education. Comprehensive school provides a nine-year educational programme for all school-aged children, beginning at the age of seven. Post-comprehensive education is given by upper secondary schools (approx. three years, ending in the matriculation examination) and vocational schools (two to three years, leading to basic vocational qualifications).

In Finland, higher education is provided by 20 universities and 32 polytechnics. Adult education is given by independent sponsoring organisations, evening schools, vocational institutions (specifically by vocational adult education centres), and universities, all of which have centres for continuing education.

Finland has one of the most comprehensive university networks in Europe. There are 20 universities in Finland: ten are multi-faculty universities, three are universities of technology, three are schools of economics and business administration, and the remaining four are art academies.

Finnish universities have roots going back to the 17th century. The first university in Finland, The Royal Academy of Turku, was established in 1640 during Swedish rule. Almost two hundred years later, in 1828, the Academy was transferred to Helsinki and today it is known as the University of Helsinki. The other universities were established during the 1900s, the two youngest being the University of Lapland (1979) and the Academy of Fine Arts (1993).

## University students

The total university enrolment in Finland is currently approximately 170,000 students, of whom more than 4,000 are students from abroad studying for a degree. Finnish universities also have more than 21,000 postgraduate students. The number of international visiting students at Finnish universities is more than 4,000 per year.

More information available at [www.minedu.fi/minedu/education/index.html](http://www.minedu.fi/minedu/education/index.html)

## 2.2 University degrees

The Finnish university degrees are the bachelor's, master's, licentiate (postgraduate) and doctor's degrees (postgraduate). The undergraduate degree studies consist of basic studies, subject studies (intermediate level) and advanced studies.

A bachelor's degree consists of studies in both major and minor subjects without advanced level studies and methodology and language studies. A master's degree includes studies in major and minor subjects, with the master's thesis being a central component of the degree. Master's studies can also include methodology and language studies. Research and preparation of a substantial thesis are essential parts of the studies for both the licentiate and doctoral degrees.

bachelor's degree 180 ECTS cr. all faculties  
master's degree 120 ECTS cr. all faculties

A bachelor's degree requires about three years and master's degree at least two years of full-time study. The licentiate degree can generally

be completed in two and the doctor's degree in four years following the completion of the master's degree.

More information available at [www.minedu.fi/minedu/education/index.html](http://www.minedu.fi/minedu/education/index.html)

## 2.3 System of Study

Studying at a Finnish university is sometimes very different from studying elsewhere. The possible combinations of major and minor subjects are numerous and a student needs to take the responsibility in planning one's own studies. At the beginning, it might be confusing to build a schedule or coordinate all the courses. However, when students learn to use all the possibilities, it is possible to create an individual study plan within given frames. "Academic freedom" means various things. It refers to independence of the universities, but it also refers to an individual student's studies.

Below you can find some basic information about the system of study in the University of Lapland.

### Courses

The basic unit of a degree programme is a course. A typical course is a series of lectures with a written exam or essay at the end. The lectures for a course are usually held within the space of a week or two weeks. As of the academic year 2006 – 2007, students are required to register for almost all courses using the WebOodi System, but always check beforehand if registration is required and when it is required. After the lectures students have at least two possibilities to take the written exam for the course. The first is usually held within two weeks after the lectures end and the second within a month. The grade of the course is received about three weeks after returning the assignment or taking the exam.

### Teaching Methods

Lecturing is the most commonly used teaching method. However, lectures do not always cover the entire content of the course and students are required to do either a written exam or essay in order to complete the course. Other forms of teaching are seminars, workshops and exercises. Seminars consist of lectures at the beginning of the course and seminar meetings at which students present their seminar paper. A workshop is basically the same as a seminar but done as group work. Exercises are usually practical assignments and are widely used in teacher training, for example. One very popular teaching method is the excursion, where students follow a planned programme and attend lectures. The teaching method of a course can also be combination of two methods, but it/they are always mentioned in the course description.

### Exams

Please note that there is no specific exam period at the end of the semester; exams are held throughout the year. There are two types of exams: course exams and general exams. Course exams are held after the completion of a course. The lecturer will inform the students of the date, time and place of the exam. There are at least two possible dates, so that one can try again if one fails the first exam. Advance registration is usually required. General exams for each faculty are held once a month. On these days, a student can take an exam based on individual study of a set of books from the course catalogue. Please note that students must always agree on the exam with the teacher before registration. The registration deadline is 10 days before the exam date. Registration can be done either through the WebOodi System or using special envelopes. Please check the registration method from the teacher before the registration deadline.

### Programmes

There are three levels of studies: basic, intermediate and advanced, and two kinds of programmes: major and minor. In major programmes students are required to complete basic and intermediate courses in the Bachelor's degree studies and advanced courses in the Master's degree studies. In short minor programmes, only basic level studies are required; in long minor programmes, both basic and intermediate level work must be completed.

Major Programmes	Minor Programmes	
	<i>Long minor programmes</i>	<i>Short minor programmes</i>
Advanced studies 60 ECTS cr.		
Intermediate studies 35 ECTS cr.	Intermediate studies 35 ECTS cr.	
Basic studies 25 ECTS cr.	Basic studies 25 ECTS cr.	Basic studies 25 ECTS cr.

### Credits

At the University of Lapland, credits are used to define the extent of a given course. Lectures, exercises, seminars and other forms of instruction (e.g. the writing of essays; lecture journals; preparation for examinations, etc.), as well as independent research, are all taken into consideration when the number of credits for each course is being calculated. Please note that a credit does not refer to the duration of a course, but to the estimated amount of work required, that is, one credit refers to approximately 26 – 27 hours of work by the student.

Within the academic calendar some courses may be completed in less than one period (with credits awarded in due time), while other courses may extend over several study periods with credits being awarded at the end of the semester or the academic year.

**In accordance with the establishment of the European Higher Education Area, the University of Lapland has fully adopted the ECTS credit system. Thus, the term "credit" is hereafter abbreviated as "cr." and referred to as "ECTS cr."**

### Grading System

Finnish universities use numeric grading scales. In the University of Lapland, the scale used is from 5 (excellent) to 1 (sufficient). Please note that some courses are given only on a pass/fail basis without any further grading. In this case the mark 'pass' appears on the transcript. Every course and examination taken is recorded on the student's personal transcript. Below is a comparisons table with other grade scales.

	Ulapland grading scale	European grade definition	The US scale
Excellent	5	A	A
Very Good	4	B	A-, B+
Good	3	C	B
Satisfactory	2	D	C+
Sufficient	1	E	C
Fail	F	F	F

## 2.4 OODI Student Information System

Oodi is a national student information system supporting studies and teaching. It has been developed by a group of Finnish universities and offers various web services through WebOodi. Students can check their personal data and credits, change their contact information and the conditions on which the data can be released for other use, browse study guide information, register for courses, order an “unofficial” transcript of studies to e-mail, enrol in the university, and pay the student union fee.

### Student number and transcript of Studies

Each student has a single, personal student number. Students are to use this number when registering for exams and on the exam answer forms. With WebOodi, students can order an “unofficial” transcript of studies to their e-mail. An official transcript can be obtained from the faculty office.

### Registering for courses

At the University of Lapland the WebOodi system is used for registering for courses and exams. You can also make a personal study plan or give feedback on courses. “Old” degree students are also able to register for terms

through the system and use the web bank service keys for Nordea, Sampo or Osuuspankki banks to pay the Student Union membership fee. “New” students and exchange students must register at the Registrar’s Office.

You can find a more detailed introduction and downloadable user’s instructions from the following web-page:  
<https://weboodi.ulapland.fi/oodi/>

# 3. Applications

General guidelines exist on how to apply to the University of Lapland as an exchange student through the Erasmus, Nordplus/Nordlys, north2north or First networks, or bilateral cooperation agreements. Should there be no formal agreements with his/her home university, a student can apply as what is known as a free mover student outside the existing exchange programmes. If an applicant applies to the University of Lapland as a free mover student, he/she must be registered for the home university as a degree student.

### Please note the following:

- Closing dates for applications:
  - 15 May 2006 for September enrolment (1.9. - 31.12.2006 and 1.9.2006 - 31.05.2007)
  - 15 October 2006 for January enrolment (1.1. - 31.5.2007)

2. The application form for non-degree studies is the same for all exchange student applicants.

**Please complete the application form carefully, answering all items. Remember to sign the form and enclose the documents required.**

3. Those applying to the Faculty of Art and Design: Students are required to enclose a portfolio of 5 to 6 works with the application. The portfolio can be a CD-ROM, a folder including photos, or copies of original works. The University of Lapland cannot accept all applicants. Students are chosen on the basis of applications and portfolios. Decisions are made approximately a month after the application deadline closes.

### What happens to my application form after the deadline at the University of Lapland?

Your application will be reviewed in the relevant faculty. Please note that the University of Lapland reserves the right to examine each potential applicant’s eligibility and to determine formal acceptance accordingly.

After the acceptance decision we will send you a letter including a formal letter of admission, welcome letter, confirmation sheet, arrival information sheet, housing information and student housing application form. **PLEASE WAIT FOR THE ADMISSION LETTER.** You are only accepted to study at the University of Lapland AFTER the decision of the faculty, even if you apply through the Erasmus network.

### What do I do after getting the admission letter?

*Please*

1) return the student housing application form immediately after receiving the letter of admission (no later than July 15, 2006 or November 30, 2006 if applying for spring 2007 only) in order to arrange accommodation. See 4.4 Student Housing

**N.B. If you send the form late, the housing office can not guarantee accommodation for you in student housing.**

2) arrange your flight/train tickets (visa also required for some students) in time.

3) return the confirmation and arrival information forms as soon as possible.

**Please note that in Finland July is the most popular summer holiday season, so answers to any inquires will take extra time.**

# 4. Finnish Regulations and Living Practicalities

## 4.1 State regulations

### Residence Permit

A foreigner usually needs a residence permit in order to stay in Finland for a longer period of time. Residence permits are issued for purposes other than travel or comparable short term residence (see visas). However, residence permits are also needed for short stays of less than three months if the purpose of the stay is to work in Finland. Residence permits require either a valid passport or a travel document. There are some exceptions to the general rule for residence permits that concern citizens of the Nordic countries and EU countries. Persons holding a residence permit may reside and travel in Finland while the permit is valid. They may also change their place of residence, or leave the country and enter it again.

[www.uvi.fi/englanti/julkaisu.html](http://www.uvi.fi/englanti/julkaisu.html)

#### Please note:

1. Citizens of the Nordic countries need not apply for a residence permit but must complete a notice of removal (*muuttoilmoitus*).
2. EU citizens and equivalent persons do not need a residence permit but they must register their right to reside in Finland if their stay lasts for longer than three months.
3. Persons from outside the Nordic and EU countries who intend to stay in Finland for more than three months (90 days) need a residence permit. The first residence permit should be acquired before arrival in Finland at the nearest Finnish embassy or consulate. The following documents are required for the application:

- valid passport
- two passport photographs

- study certificate from the University of Lapland
- proof of funds or scholarship to cover expenses in Finland (i.e. EUR 500 / month)
- certificate detailing social security in the student's home country. For citizen of the EU, the E128 or European Health Insurance Card is recommended

The fee for registering the right to reside in Finland is EUR 40. The fee for extended residence permits is EUR 50. The permit can be acquired at the police station approximately 3 to 4 weeks after application.

#### Contact Information

The Police Station in Rovaniemi  
Ms. Sirkku Palovaara  
Hallituskatu 1-3  
FI-96100 Rovaniemi, FINLAND  
Tel. + 358 (0)16 329 5419

Students who have been accepted at an institution of higher education and who finance their own studies must deposit, in a Finnish bank, and in their own name, a sum stipulated by the Directorate of Immigration (in 2004 EUR 6000). This amount must be deposited before arrival in Finland in an account free of conditions limiting its use. A new deposit is required at the beginning of each academic year. These funds may be used by students to cover their expenses during the academic year. Students who are sponsored by organisations (for example exchange students) must include the organisation's certificate of funding with their application.

## Member States of the European Union

In addition to Finland, the Member States of the European Union (EU) are Belgium, Ireland, Great Britain, Italy, Austria, Denmark, the Czech Republic, Cyprus, Estonia, France, Germany, Greece, Hungary, Latvia, Lithuania, Luxembourg, Malta, the Netherlands, Portugal, Poland, Spain, Sweden, Slovakia and Slovenia. Similar provisions on the right of movement that apply to citizens of EU Member States also apply to citizens of Iceland, Liechtenstein, Norway, and Switzerland.

**Please visit also Discover Finland web service at <http://finland.cimo.fi/>. The service is produced and maintained by the Centre for International Mobility CIMO. From there you can find updated information about state regulations and other practicalities related to living and studying in Finland.**

## 4.2 Insurance

### Mandatory Insurance

The University of Lapland's policy on student insurance requires that all international students obtain their own insurance, and that the coverage is valid for the entire duration of the student's stay at the university. This means that a student must have an insurance policy or equivalent documentation which states his/her personal information and the period of validity of the insurance (equivalent documentation means the social security arrangements agreed upon between the EU/EEA countries). The insurance must cover medical care and personal injury, and should also contain liability coverage for loss or damage. Proof of valid insurance coverage is required upon registration at the University of Lapland.

EU regulations on social security apply in Finland: EU (and EEA) citizens receive nec-

essary medical services from the public health system and the Finnish Social Insurance Institution (KELA), even during short stays. All EU/EEA students are required to obtain the European Health Insurance Card (which was introduced in June 2004, and is equivalent to the previously used E 111, E 119 and E 128 forms), from their home country and to carry it with them at all times. The card entitles the student to treatment in the case of sudden illness or accident, at the same price as Finns pay. The European Health Insurance Card is also needed when travelling to EEA countries during your stay in Rovaniemi. Please note that this card only covers emergency treatment, so you must take out additional insurance before you travel. **Please, contact your local authorities to obtain the card, and make sure that you have all required documents concerning social security and health care coverage before you come to Finland.**

If you plan to travel to Russia during your stay in Finland, you need additional travel insurance even if you are an EU/EEA citizen. Consult a travel agency about the additional insurances before coming to Finland. Students should also make sure that they have a certificate of vaccination (tetanus, polio and diphtheria) with them in Finland, especially if they are planning a trip to Russia. Please note that Student Union membership fee does not cover any medical expenses at public health centres, public hospitals or private clinics. For additional information on student health services, go to chapter 6.5 of this guide book.

[www.stm.fi/english/index.htm](http://www.stm.fi/english/index.htm)

## 4.3 Employment and Taxation

As the capital of the province, Rovaniemi has always been a gateway to Lapland. It is a fast developing center of business, administration and education in Lapland. The town of Rovaniemi and its sub-region Rovaniemi rural municipality were united on 1 January 2006, forming a new city of Rovaniemi with a total population of approximately 58,000 inhabitants.

Services form the main source of livelihood in the Rovaniemi district. In 2003, 82.6 % of the labour force in the Rovaniemi town worked in the service field. The major employer in the public sector is the town of Rovaniemi. The biggest private companies in Rovaniemi operate in the fields of electricity (Kemijoki Oy), telecommunications (Sonera Oy) or manufacture (Bombardier Finland Oy).

The location of Rovaniemi near the Arctic Circle has made it a very lively tourism town. Many small companies operate in tourism related services. The field of tourism can offer some part-time or vacation job opportunities for students from different cultures. Many students work as guides in tourism program services or as hosts/hostesses in hotels during the Christmas season. There are also some job opportunities in education, e.g. as a language teacher.

The development goals for the near future are defined in the Rovaniemi Regional Development Program. It presents three core fields of competence on which development resources will be targeted in the Rovaniemi district. The fields are: tourism, cold & winter technology and information & communications technology. These expertise areas have been selected to create new business activities, products and services. New growth industries are also design, digital media, entertainment and cultural industry.

Foreign employees are highly appreciat-

ed in many fields. New fields of businesses and the growing internationalization will open vacancies also for foreign graduates. However, finding a job requires own activity and willingness to learn to know Finnish working culture and also the Finnish language.

Sources: Lapland in figures 2005, Regional Council of Lapland. Rovaniemi 2005, Rovaniemi-info, www.rovaniemi.fi.

### Career Services at the University of Lapland

The Career Services provides services for students and graduates in seeking employment. These are our services for students and graduates:

- Career guidance
- Job opportunities at the bulletin boards and on our web site
- Information services and employers contact
- Guidance in career orientation & management and job seeking skills

More information on the services is available at [www.ulapland.fi](http://www.ulapland.fi). The Career Services at the University of Lapland is also a member of the nationwide network of academic career services in Finland. The network offers services for university students, graduates, employers and for the universities themselves. More information can be found at [www.aarresaari.net](http://www.aarresaari.net).

#### Contact information

University of Lapland,  
Career Services  
P.O Box 122  
FI-96101 Rovaniemi, FINLAND  
Tel. +358 (0)16 341 2254  
Fax +358 (0)16 341 2978  
[rekry@ulapland.fi](mailto:rekry@ulapland.fi)

### Rovaniemi Employment Office

The employment office offers services to different jobseeker groups, including young people, those requiring vocational rehabilitation, immigrants, those entering or leaving Finland in search for work, and recent university graduates. Both employed and unemployed jobseekers can register as a jobseeker at an employment office.  
(Source: [www.mol.fi](http://www.mol.fi))

#### Contact information

Rovaniemi Employment Office  
Valtakatu 21  
96200 Rovaniemi  
Tel: +358 (0)10 60 40073

### Permission to work

Foreigners residing in Finland are issued residence permits depending on the reason of their stay in the country. Separate working permits are not issued. Foreigners normally need an employed person's residence permit for working. Exceptions are the citizens of the Nordic countries and the EU Member States. Citizens of the EU-member states need to have registered their student's residence right at the local police station (if they will stay in Finland for more than three months) to be able to work without restrictions. Other than EU citizens have restrictions on the right to work while holding a residence permit for studying. According to the Finnish law "an alien has the right to gainful employment if he or she has been issued a residence permit for studying, if the employment is a traineeship required for a qualification, if the amount of part-time work does not exceed 20 hours a week or if a full-time work is carried out at a time when there are no actual classes at the educational institution." In practice, full-time employment is possible only during summer and Christmas holidays. Wages and salaries earned for part-time work during the academ-

ic year may, on the discretion of the authorities, reduce the amount of money that the student is required to possess to be able to support him- or herself.

There are different regulations for post-graduate students who are conducting thesis research for or in cooperation with an institution or corporation that is paying the post-graduate student for this work. Each case will be viewed individually, and the best way to deal with the matter is to check with the local employment office that your stay in Finland is registered the correct way.

[www.uvi.fi](http://www.uvi.fi)  
[www.poliisi.fi/english/index.htm](http://www.poliisi.fi/english/index.htm)

### Taxation

If you work and earn a salary in Finland, you are usually required to pay income tax in Finland. Finland has a progressive taxation system, but persons residing in Finland for less than 6 months must pay a final 35-% tax on their income. The amount of salary does not affect the tax rate. However, a special deduction is available for students and trainees if certain requirements are met. The employer is also required to deduct an employment pension contribution and an unemployment insurance contribution from the employee's salary.

Income earned by persons who have been living in Finland for more than 6 months is taxed at the same rate as that of permanent residents (progressively). The employee must obtain a "tax card" (verokortti) from the local tax office for tax withholding. The tax office will calculate the tax percentage based on an estimate of income for the calendar year. The tax card must be given to the employer. Taxation also depends on the tax agreements between Finland and other countries.

**Always contact the local tax office before you start working to find out your tax rate and possible deductions.**

### Contact information

Rovaniemi Tax Office  
Hallituskatu 3 A  
FI-96101 Rovaniemi, FINLAND  
Tel. +358 (0)16 367 6000  
Fax +358 (0)16 367 6101  
www.vero.fi/english

### Mailing address

Rovaniemi Tax Office  
P.O. Box 8003  
FI-96101 Rovaniemi, FINLAND

## 4.4 Student Housing

The local student housing foundation Domus Arctica (DAS) arranges accommodation for all incoming International students. Student apartments are situated in four different locations in Rovaniemi:

- Ounasvaara, 3 km from the university
- Rantavitikka and Anninportti, near the main building
- Rovala, close to the centre of town, 3km from the university, nearby the railway station
- Asemarinne, near the Faculty of Art and Design

The monthly rent for a room in a flat shared by two or three persons ranges from EUR 170 to EUR 270 per person depending on the size, condition, furniture, etc. of the room. The rent includes water, but you must pay separately for basic furniture and electricity. All students must pay a refundable EUR 170 deposit in advance in their home country in order to confirm the accommodation and to receive the key for their room. The deposit has to be paid at the bank before arrival and by the due date. Accommodation will be reserved only for those students who have paid the deposit on time. The deposit will be returned by bank transfer to the student after he or she has left Rovaniemi. The rent must be paid by the 6th

day of each month. It covers the whole month from the first until the last day of the month. The rent must be paid through a bank account.

### Please note:

DAS offers accommodation from August 1st for the autumn semester and January 1st for the spring semester. If you arrive in September or February you most likely have to pay for the preceding month also. Also keep in mind that if you apply for a room after the 15th of July (for autumn semester) or 30th of November (for spring semester), DAS cannot guarantee a room for you.

More detailed housing information and applications for dormitories will be sent to students after they have been accepted at the University of Lapland.

### Contact Information

Domus Arctica Foundation DAS  
Ylikorvantie 28 A  
FI-96300 Rovaniemi, FINLAND  
Tel. +358 (0)20 7699 180  
Fax +358 (0)20 7699 188  
Internet: www.das.fi  
E-mail: dasaspa@ulapland.fi

*"I was really satisfied by my accommodation ... It is great that you directly offer accommodation with your letter of admission."*  
Inga, 23, Germany

## 4.5 Study Expenses

There are no tuition fees but there are some compulsory fees connected with studies. For degree students, there is a compulsory Student Union membership fee of EUR 78.70 per academic year or EUR 39.35 per semester to pay but for exchange students and PhD students this is optional. The fee includes health care and various discounts for degree students and international exchange students but only health care for PhD students. There is more information available on the Student Union in Chapter 6 of this guide.

Since the cost of study materials varies from field to field, it is difficult to provide an accurate estimate. The use of libraries is free (except for inter library loans and photocopying services) but students must normally buy some basic books to use as a reference library at home. Students must be able to pay for their food, housing, clothes, social life, and so on. Living expenses for a single student average EUR 500 – 600 per month.

### Following is an estimate of a student's monthly budget:

EURO  
Rent 170  
Food 220  
Transportation 50  
Leisure, other expenses 130  
Total 570

All University of Lapland students pursuing a basic degree are required to register annually. Before registering, a degree student must pay the student union membership fee (see also Student Union). Membership is compulsory for all degree students but optional for exchange students.



# 5. Services for Students

The university serves its students in many ways in various situations and the principle is that not a single student is left alone. We help students before their arrival by sending information on studying and living in Rovaniemi. When students arrive in Rovaniemi, student tutors welcome them. Here is a short presentation of our student services. Also check the Student Union services in Chapter 6.

## 5.1 At the Beginning of Your Studies

### Student Tutors

Every international student will have a personal peer tutor to help her/him adjust to Finnish society and the academic environment. Student tutors are often students who have been exchange students themselves, so they know what kind of situations might arise. Student tutors are there to answer questions and help with the first steps in Finland. For most international exchange students, their student tutor is the first person they meet in the university community.

### The Registrar's Office

When a student comes to the university campus for the first time, he/she must register. This is done in the Registrar's Office in the Main Building of the University. Registration should be taken care of as soon as possible after arrival. The office issues a personal student number that is needed for registration of credits. You will also need to register later to get your personal username and password for the university computer system.

### Contact Information

University of Lapland  
Registrar's Office  
Yliopistokatu 8 (E-wing)  
P.O. Box 122  
FI-96101 Rovaniemi, FINLAND

Tel. +358 (0)16 341 2241, 2244  
ilmoittautuminen@ulapland.fi

### Orientation Week

The first week of your studies at the University of Lapland consists of an orientation programme (in September or in January). The University of Lapland arranges special orientation days for incoming international students, normally at the beginning of each semester. During orientation, international students have a chance to meet each other and Finnish students, get to know the University and Rovaniemi and have some fun. The Head of International Student Services will send further information about the orientation week to each incoming student.

*"All I can say is that the Orientation programme really impressed me, was very useful and nice. I could not expect anything better. There was an appropriate amount of information about everything, social, cultural, academic life, etc."*  
Ieva 23, Lithuania

*"Excellent in terms of providing activities to spend ones time and to get the feeling of being welcome"*  
Rolf, 34, Germany

*"It was a great beginning and the base for creating a really friendly ambience..."*  
Angeliki, 22, Greece

### Publications

Every exchange student will receive a personal copy of "Study in Lapland" along with his/her letter of admission. In addition to this, the International Studies Centre publishes a course catalogue describing the Master's Degree Programme in Northern Resources, Minor in Northern Resources, the Arctic Studies, Russian Studies, Intercultural Communication, Circumpolar Studies, Media Analysis and Cultural Industries Programme. Degree requirements as well as requirements for major and minor subjects are published in the course catalogue (opinto-opas) for each faculty.

## 5.2 During Your Studies

### Friend Family Programme

In order to help international students adapt better to Finland and life in Rovaniemi, the International Office offers international students the opportunity to familiarise themselves with Finnish everyday life and culture through the Friend Family Programme.

There are a number of families in the Rovaniemi area who are interested in meeting international students in an informal way. They are interested in making friends with newcomers, inviting students for a visit every now and then, and sharing their free time with international students. The idea in general is to introduce Finland, Lapland and Finnish culture to international students. In return, the families would like to learn about the home country of the international stu-

dents, their language and their culture. The families and the students will be matched according to their language skills, hobbies, etc. Once international students are accepted at the University of Lapland, the International Office will provide them with an application form for the Friend Family Programme.

### Computer Centre Helpdesk

Helpdesk is a gateway between students and the Computer Centre. It is a place where you can go when you have problems with computers. It is located in room 116 A on the first floor of wing A of the Main Building. To use computers in the classes and the email of the University of Lapland you need a personal user id and password. You can get these from Helpdesk. The computers in the corridors can be used freely without user ids. Helpdesk loans keys to the A-wing self-study computer room (deposit EUR 35). In the self-study room, you can use computers seven days a week, 24 hours a day. For further information, read the rules on the use of computers in the University of Lapland:  
[www.ulapland.fi/ict](http://www.ulapland.fi/ict)

### Contact Information

University of Lapland  
Computer Centre Helpdesk  
Tel. +358 (0)16 341 2272  
helpdesk@ulapland.fi  
Open: Mon-Fri 09.00-16.00

### E-mail and Information Services

More and more information is sent by e-mail. Every student and staff member has an e-mail address issued by the University. "International list" is a general information list where you can check the latest news. Sports, courses, excursions, culture – everything is on this list. All exchange students will receive a university e-mail address and will be added to "international list" automatically.

## Photocopying

Copying machines at the university work with copy cards, which you can purchase at the kiosk of the main building. The copying machines of the main building are situated next to the kiosk. The library also has a few copying machines for which you need to buy separate copy cards.

## Staff of the University

To put it simply, if you have a question, keep asking before it is too late. You can find loads of information independently, but if you simply do not know what to do, ask. In general, the teaching staff is at the university to answer your questions and you should not hesitate to ask them. You will find some contact information in this guide and the rest at the university.

## 5.3. At the End of Your Studies

### Transcript of studies

Each student has a study transcript that contains all the credits earned, regardless of the faculty or programme in which he/she has completed the course. The transcript can be checked whenever necessary from WebOodi. For this purpose you need to have a WebOodi username and a password (same as for email). You can download WebOodi user's instructions from <https://weboodi.ulapland.fi/oodi>. At the end of your stay, you will get a transcript from the International Coordinator of your faculty or the International Studies Coordinator at the International Studies Centre (ASP and BCS and NR students).

**These services are meant to be used. Please do not hesitate to ask for help whenever you feel that you have a problem to be solved.**

## 6. Student Union - LYY

Every Finnish university has a Student Union. The history of these unions goes back to 1880 when the first student union was recognised by the Russian authorities (Finland was then a grand duchy of Russia). The status of all university student unions is determined by the Finnish law. This chapter presents the student union of the University of Lapland, LYY, as well as the student health care system in Finland.

### 6.1 General Information

The Student Union (LYY – Lapin yliopiston ylioppilaskunta) is a public corporation with an independent and high status in society. The purpose of the Student Union is to represent and work on behalf of students in advancing their status, community, and social, and academic standards. The Student Union at the University of Lapland represents its members in university administration and in local and national government in cooperation with the National Union of Students in Finland (SYL).

#### Contact Information

Lapin yliopiston ylioppilaskunta (LYY)  
Ahkiomaantie 17  
FI-96300 Rovaniemi, FINLAND  
Tel. +358 (0)40 578 4207  
Email: [lyy@lyy.fi](mailto:lyy@lyy.fi)  
[www.lyy.fi/english](http://www.lyy.fi/english)

### 6.2 Student Union Membership

All Finnish and foreign degree students are automatically members of the Student Union; membership is voluntary for exchange stu-

dents. International exchange students are entitled to join the student union

- if their studies and stay in Finland last for more than 3 months;
- if the purpose of their study is the completion of a basic university degree (BA or MA); and
- if their studies in Finland are free of any tuition fees

All major student discounts and student health care are linked to membership of the Student Union. The membership fee for 2006/2007 is EUR 78.70 (EUR 39.35 autumn/spring semester). However, the discounts available to members make this a worthwhile investment. The student card costs an additional EUR 6.00. The student card for post-graduate students and renewal of the student card costs EUR 9.00.

#### Joining the Student Union and student card

To become a member of the Student Union and to obtain the student card, you have to do the following:

1. Register at the University.
2. Pay the Student Union fee (EUR 78.70 or 39.35) using the bank giro that you can obtain from the Student Union office. Please remember to include your name and study programme on the giro.
3. Fill in the student card application form; enclose a photo of yourself with your name on the back and the fee for the card (EUR 6.00). Bring the form, photo and fee to the Student Union office, the Student Union kiosk in the University Main Building
4. Keep the receipt with you until you receive the student card!
5. Collect your student card from the Student Kiosk after about one month. Membership



in the Student Union LYY will provide various benefits and services.

**Here are some examples of the benefits and services:**

### Student Meals

Students are entitled to a cheaper lunch in some restaurants. To get the discount you need to have a valid student card. Students get the discount from the following restaurants in Rovaniemi:

- Cafe Lovisa and Restaurant Felli (University's Main building)
  - Restaurant Kuukkeli (Government Office Building, Hallituskatu 1-3)
  - Restaurant Tekuila (Rovaniemi Polytechnics School, Jokiväylä 11)
  - Restaurant Täky (Santa's Sport Institute, Hiihtomajantie 2)
  - Restaurant Lumikello (University's Teacher Training School, Pohjolankatu 23)
- A meal in Felli and costs about EUR 2.35 and in Kuukkeli EUR 3.30.

### Student Discounts

**Movie tickets:** EUR 7.00 (normally 8 - 10 €). Tickets are available at Student Union's kiosk at University's main building.

**Student Theatre:** cheaper tickets

**Museums:** free or cheaper entrance

**Train tickets:** 50-% discount, see [www.vr.fi](http://www.vr.fi)

**Long-distance bus tickets:**

(80 km minimum): 50 % discount, see [www.matkahuolto.fi](http://www.matkahuolto.fi)

**Local bus tickets:** Discount for monthly bus ticket (more info in chapter: 8.4)

**Other discounts:** Student price tickets to the Nautilus swimming hall (Nuortenkatu 11) and to the Kuntokaruselli Gym (Valtakatu 19); tickets are available at Student Union's kiosk, University Main Building.

**Please note that all the shops and restaurants that give student discounts are not listed here. It's always worth asking!**

## 6.3 Student Union Activities

LYY has divided its activities into sectors: academic affairs, social affairs, international affairs, etc. Each has its own club: the development co-operation and environmental club, academic and social affairs club, culture club, international club, sports activities club, etc. All members of the Student Union are welcome to join these clubs.

### The International Club

The International Club is an informal society within the Student Union, a forum for everyone, a chance to meet people and spend time together. All students and members of staff who are interested in international experiences are welcome to participate in the club's activities. You can get more information on the activities through the International list or by sending an e-mail to [kv@lyy.fi](mailto:kv@lyy.fi).

### The Student Newspaper

The Student Union publishes a student newspaper eight times a year called Lapin Ylioppilaslehti. It contains general news about student life in Finland as well as local news. All students are encouraged to contribute articles and pictures to the newspaper. E-Mail address: [lehti@lyy.fi](mailto:lehti@lyy.fi)

### Student Sports

The Student Union offers its members a number of sports facilities: aerobics, badminton, basketball, football, gym, volleyball, ultimate frisbee etc. Most are available free of charge for members. The Student Union also offers various courses during the academic semesters, e.g., climbing, dancing, snowboarding for a small charge. At the office of the Student Union students can rent equipment such as skates, skis, and badminton rackets. If you need advice, please send an e-

mail to [liikunta@lyy.fi](mailto:liikunta@lyy.fi) General information on student sports will be sent on international list.

### Student Culture

Student culture activities consist of cultural clubs (e.g. chamber orchestra, choir) and student events. More information on cultural activities is available at [kulttuuri@lyy.fi](mailto:kulttuuri@lyy.fi). During the year there are countless more or less public parties arranged by students, but here are some major student events organised by the Student Union and Café Tivoli:

**Haalaribileet:** The first big party of the spring at Tivoli.

**Rantabileet:** Summer in Rovaniemi in February.

**Laskiainen:** A real winter party in February; no lectures in the afternoon.

**Vappu:** Students celebrate May Day all over the country. Practically everybody is out wearing overalls and the traditional white student caps.

**Fuksiaiset:** A party dedicated to first year students

**Pikkujoulut:** "Little Christmas" parties are arranged as early as a month before Christmas.

**Itsenäisyyspäivä:** December 6, the Independence Day, with traditional programme in the morning at the University and the Lutheran Church of Rovaniemi.

### Student Theatre LYT

The Student Union has a long tradition of cooperation with the Student Theatre LYT. The theatre presents plays in the culture house Wiljami, performed by students from the University and other institutions in Rovaniemi. If you are interested in taking part in the student theatre or performances, please do not hesitate to get in touch or pay a visit. Tickets are sold at the door; discount with the student card. Wiljami also hosts live music performances and other cultural events.

### Contact Information

Lapin Ylioppilasteatteri LYT  
Urheilukatu 1  
FI-96100 Rovaniemi  
[www.lapinylioppilasteatteri.net](http://www.lapinylioppilasteatteri.net)

## 6.4 Clubs and Other Student Associations

Each faculty has its own student associations or clubs (ainejärjestö). These associations arrange seminars, social events, and excursions. All students, Finnish and international, are encouraged to participate in association events. Almost all associations have an international representative. Please do not hesitate to get in touch.

### Student associations (field of study):

Artikla (law)  
[artikla@artikla.com](mailto:artikla@artikla.com)  
[www.artikla.com](http://www.artikla.com)

Habitus (sociology)  
[habitus@ulapland.fi](mailto:habitus@ulapland.fi)  
[www.ulapland.fi/home/hkunta/habitus](http://www.ulapland.fi/home/hkunta/habitus)

Lapikas (class teacher)  
[lapikas@ulapland.fi](mailto:lapikas@ulapland.fi)  
[www.ulapland.fi/home/lapikas](http://www.ulapland.fi/home/lapikas)

Lydia (media)  
[lydia@ulapland.fi](mailto:lydia@ulapland.fi)

Lyteva (textile and clothing)  
[lyteva@ulapland.fi](mailto:lyteva@ulapland.fi)

Remburssi (administration)  
[remburss@ulapland.fi](mailto:remburss@ulapland.fi)  
[www.ulapland.fi/home/remburss/](http://www.ulapland.fi/home/remburss/)  
Tomu (industrial design)  
[tomu@ulapland.fi](mailto:tomu@ulapland.fi)

Futuuri (business)  
futuuri@ulapland.fi  
www.ulapland.fi/home/futuuri

Jalot Villit (tourism)  
jvillit@ulapland.fi

Lastu (education)  
lastury@ulapland.fi  
www.ulapland.fi/lastury

Lyhty (social work)  
lyhty@ulapland.fi  
www.ulapland.fi/home/lyhty

P.S.C Inter  
(international relations/political science)  
inter@ulapland.fi

Taika (art education)  
taikary@ulapland.fi  
www.ulapland.fi/home/taika/

Typo (graphic design)  
typo@ulapland.fi

## 6.5 Student Health Issues and Personal Safety

This chapter contains important information on emergency, the Students Health Care Foundation (YTHS), public health services, pharmacies, alcohol, smoking and drugs. A good health is important to all of us, so please go through the section very carefully.

### General Information

Student health care is based on the services of Student Health Care Foundation (YTHS), public health centres and hospitals. Note that the National Sickness Insurance Scheme (NSI) gives refunds even on shorter stays in Finland. The NSI also applies to students from Quebec, Canada. You are required to

have an E128 form or European health insurance card certifying your right to social security in your home country. Please read also insurance information in chapter 4.2 Insurance. Please note that students are advised to take their Social Insurance Card and a summary of their vaccinations with them. These are needed when planning a trip to Russia. In case of any chronic illnesses, students should bring the necessary information on the illness and any possible medication with them. Students are advised to bring the medication they will need for their whole stay in Finland.

### The Student Health Care Foundation YTHS

A part of the Student Union membership fee goes towards health care coverage at YTHS. After paying this contribution (EUR 35 per year), Student Union members can use the services of YTHS in Rovaniemi or any other YTHS student health centre in 16 university cities in Finland. Insured citizens of the EU and EEA countries are entitled to medical care from the public health services in addition to the care they receive at YTHS. Services provided by YTHS include appointments with general practitioners, specialists and nurses; physiotherapy; X-ray and laboratory testing; and general or specialised dental care. General practitioners at the Student Health Centre in the Main Building can be consulted free of charge. Information on birth control and sexually transmitted diseases can be obtained from the nurse at YTHS. If you need help with mental problems, please contact the nurse at YTHS. Please note that YTHS does not cover expenses at public health centres, hospitals or private clinics at any circumstances.

### Here are the fees at YTHS:

- consultation with a specialist EUR 4.00
- consultation with a psychologist or psychiatrist after the first counselling period with a psychologist EUR 3.50
- dental treatment (dentist) EUR 4.00 -6.00
- special dental nurse EUR 4.00
- certificates of physical examination: fees confirmed by the executive board of YTHS

Consultation with a general practitioner or with a nurse; first mental health counselling period (1-5 sessions); health check-ups (when called by YTHS); and dental check-ups (when called by YTHS) are free of charge. Always remember to book an appointment in advance for YTHS services. If you are unable to keep your appointment, please cancel it, tel. +358 (0)16 315 704. Otherwise, YTHS will ask you to pay the costs. Remember that you can use the YTHS services only if you have paid the Student Union Fee, so you need to bring your student card with you. Please note that students have to pay the normal hospital and polyclinic fees even if they referred by the YTHS.

### Contact Information

Student Health Care Foundation YTHS  
Rovaniemi  
Yliopistonkatu 8  
FI-96300 Rovaniemi, FINLAND  
Tel. +358 (0)16 341 2721  
Fax +358 (0)16 310 015  
www.yths.fi

### Public Health Centres and Hospitals

In case of emergency or acute illnesses you can use public health care services when the YTHS is closed, but please note that your Student Union membership does not cover the expenses. Public primary health care is the responsibility of the municipal health centres. Under the Primary Health Care Act the

functions of the health centres are (examples):

- to provide guidance in health matters and public health education, including family planning
- to organise medical examinations and screenings for local people
- to arrange for school, student and occupational health care services
- to organise the provision of medical treatment for local residents, and urgent outpatient care for all who happen to need it irrespective of residential criteria and
- to provide a local ambulance service (source: www.stm.fi)

The local authorities are responsible for organising specialist medical care for residents of the municipality. To this end, Finland is divided into 20 hospital districts. The hospital districts organise and provide specialist medical services for the population of their area. (www.stm.fi).

### Fees in health centres and hospitals

Please note that your Student Union membership does not cover public hospital expenses. The charge for EU citizens and citizens of the Nordic Countries, Australia and Quebec in Canada is EUR 11 per visit at a public health centre. EU citizens are required to have an E111, E128 or European Health Insurance Card and ID with them; otherwise the payment will be EUR 90.50 in cash. Nordic and British citizens do not need an E111, E128 or European Health Insurance Card. If you have to visit an emergency room in the evenings after 8 p.m. or on weekends and public holidays the fee is EUR 15 per visit. A visit to the Central Hospital at night time costs EUR 22.

**N.B. In order to avoid unreasonably high costs in cases of, for example, intensive care or difficult operations, students coming from outside the EU/EEA countries must have their own medical insurance (see also chapter 4.2). Separate medical insurance is also highly recommended for students from the EU/EEA countries.**

**Contact Information**

Rovaniemi Public Health Centre  
Sairaalakatu 1  
FI-96100 Rovaniemi, FINLAND  
Tel. +358 (0)16 32241 (switchboard)

Central Hospital of the  
Province of Lapland  
Ounasrinteentie 22  
P.O. Box 8041  
FI-96101 Rovaniemi, FINLAND  
Rovaniemi, FINLAND  
Tel. +358 (0)16 3281  
Fax +358 (0)16 328 2029

**Pharmacies**

If you need medicine, you need to go to a pharmacy. Note that medicines are sold only at pharmacies (apteekki); what may seem to be “chemists” (kemikalie) sell only cosmetics.

Pharmacies are normally open Monday – Friday 09.00 – 17.30. In addition to this, there is always one pharmacy on duty (päivystävä apteekki), which is open Monday – Saturday 08.00 – 23.00 and Sunday 09.00 – 23.00. Information on the pharmacy on duty is posted on the door of each pharmacy.

**Contact Information**

Rovaniemen I apteekki  
Rovakatu 27  
FI-96200 Rovaniemi, FINLAND  
Tel. +358 (0)16 312 005  
Fax +358 (0)16 312 514

Lappia apteekki  
Rovakatu 11  
FI-96100 Rovaniemi, FINLAND  
Tel. +358 (0)16 314 170  
Fax +358 (0)16 312 080

Kairatien apteekki  
Kairatie 2  
FI-96100 Rovaniemi, FINLAND  
Tel. +358 (0)16 342 2512  
Fax +358 (0)16 342 4403

Korkalovaaran Sivuapteekki  
Hillapolku 9  
FI-96500 Rovaniemi, FINLAND  
Tel. +358 (0)16 379 4710  
Fax +358 (0)16 379 4711

Saarenkylän apteekki  
Pulkamontie 2  
FI-96900 Saarenkylä, FINLAND  
Tel. +358 (0)16 362 566  
Fax +358 (0)16 362 313

**Alcohol, Smoking and Drugs****Alcohol**

In Finland restaurants and nightclubs serve wine and drinks, but pubs and bars usually serve only beer. Strong alcohol such as wine and spirits (more than 12%) can be bought only at special shops called Alko, the state-owned alcohol store. More information on Alko is available at [www.alko.fi/frontpage](http://www.alko.fi/frontpage). Milder drinks, such as beer and cider, can be purchased at supermarkets or kiosks. The minimum age is 20 years for buying liquor containing more than 21% alcohol; otherwise it is 18 years. You may be asked to show valid identification.

**Please note that according to the law, the driver of a motor vehicle is guilty of driving while intoxicated if his/her blood alcohol level is at least 0.5 % or exhalation contains at least 0.22 % of alcohol.**

**Contact Information**

Alko Rovaniemi Eteläkeskus  
Teollisuustie 1  
FI-96320 Rovaniemi, FINLAND

Alko Rovaniemi Keskusta  
Koskikatu 25  
FI-96200 Rovaniemi, FINLAND

Alko Rovaniemi Saarenkylä  
Pulkamontie 1  
FI-96900 Saarenkylä, FINLAND

**Smoking**

Smoking in Finland is probably not as common as in Europe as a whole. 26 % of men and 19 % of women smoke on a daily basis. Since the 1980s, smoking has become less popular among men, while there has been no change in the case of women. 23 per cent of young men (15–24s) and 20 per cent of young women smoke on a daily basis. (source: [www.stm.fi](http://www.stm.fi))

The smoking culture in Finland is probably not as flexible as in many other countries. In Finland smokers have to pay attention to “smoking forbidden” signs, because “smoking forbidden” means just that. At University, you will find special outdoor smoking huts where you can smoke. Never smoke indoors before making sure that it is OK!

Smoking is strictly prohibited in these places:

- any indoor place where there are children
- inside public offices and on public transport
- in offices or workplaces
- in supermarkets, shops, kiosks etc.

In restaurants and bars there are detached areas where you can smoke. Pay attention to the “smoking forbidden” signs.

**Drugs**

The number of narcotics offences increased sharply during 1990’s. Today it is estimated that approximately 12 % of Finns have experimented with drugs. It can be said that drug abuse is now a problem in almost every Finnish locality and in every social class.

It should always be remembered that the use and possession of narcotics (hashish, marihuana, amphetamines, heroin, etc.) are punishable acts in Finland, as are the production, selling, import and transport of narcotics. Anyone in possession of illegal drugs runs the risk of being arrested and deported from the country or imprisoned.

**Personal Safety**

The crime rate is low in Finland in comparison with most other European countries. Visitors have little need to fear for their personal safety or their property. Yet, reasonable caution with one’s belongings is always recommended. Incoming international students are reminded to take into consideration that although Finland is by international standards a safe, tolerant and open nation where inappropriate behaviour does not usually occur, this does not necessarily mean that one will not encounter the phenomenon.

**EMERGENCY NUMBER 112****POLICE EMERGENCY NUMBER 10022**

If you need help in case of fire, sudden illness, traffic accident, or other accident, call the emergency number. The quickest way to call the police directly is the police emergency number. Calls from all phone booths to the general emergency numbers 112 and 10022 are free of charge. When dialing an emergency number, you do not need to dial the area code, even when calling from a mobile phone.

**How to make an emergency call:**

1. If you can, make the call yourself.
2. Tell what has happened.
3. Tell the exact address and municipality.
4. Answer the questions asked.
5. Follow the instructions
6. Do not hang up until you are told to do so.

# 7. Finland, Lapland and the Finns

In this chapter you will receive some basic information on Finland and the Finns. There is much more to explain, but we consider this information particularly important.

## 7.1 Finland

Finland is a Nordic democracy with a population of 5.2 million inhabitants. The biggest towns are Helsinki, the capital (pop. 555 000), Espoo (pop. 213 000) and Tampere (pop. 195 000). Finland is the northernmost country in the world after Iceland. It covers about 338 sq. km making it the seventh largest country in Europe in terms of area. The country has always been an important gateway between West and East.

### History of Finland in Brief

Archeological finds in Finland prove that there were settlements soon after the last Ice Age, some 8,000 years ago. The first Finnish tribes are thought to have arrived on the Finnish peninsula at the beginning of the Christian era. Finland was a part of Sweden from the 13th century until 1809, when it became an autonomous grand duchy under the Russian Czar. After the October Revolution in Russia in 1917, Finland declared itself a free and independent state on 6 December of the same year. During the Second World War, Finland fought both the Soviet Union and the German Third Reich but was never occupied. Since the War, Finland has pursued a policy of neutrality and military non-alignment. Finland joined the European Union on 1 January 1995.

### Geography

Finland shares a border with Sweden to the west and the tip of Norway in the north. It

also has a long border with Russia to the east and Estonia to the south, across the Gulf of Finland. Finland has a coastline of 1,000 km. The archipelago to the south and south-west of the country contains around 30,000 islands and is one of the world's most beautiful marine areas. Finland is also a land of lakes; there were almost 200,000 of them in last count.

Two thirds of the country is covered by forest, which we like to call our "green gold". Finland is a long, narrow country. In the early summer, when people are sunbathing themselves on the beaches in the south, others in the north might still be skiing. With a population of only five million, the sense of space is truly amazing.

### Climate

The climate in Finland is not as arctic as the country's location might suggest, partly because of the warming influence of the Golf Stream. Summer temperatures encourage sunbathing, and the short but spectacular spring and autumn seasons help to counterbalance the effect of winter. And at least it is never cold inside: Finns learned long ago how to build warm houses. From October until April you will need a good pair of warm, insulated shoes or boots, a warm winter coat, a warm hat and mittens as well as woollen sweaters and long underwear. It is recommended that you wear several thin yet warm layers of natural materials (wool, cotton) under your coat and trousers, instead of only one thick layer. In other seasons, normal European clothing will be enough. In Rovaniemi the first snow usually falls in late October and the snow melts in early May. In December, January and February, the temperature can go down to as low as -40 degrees Celsius, but these ex-

tremely low temperatures are quite unusual. Some lakes and rivers may be frozen nearly half the year. Yet, periods of extreme cold are usually brief, and for most of the winter all kinds of outdoor activities are possible. Local weather report is available at [www.fmi.fi/en/index.html](http://www.fmi.fi/en/index.html). The lowest measured temperature in Rovaniemi is -45.3 degrees Celsius and the highest +30.6 degrees Celsius, but the average maximum mid-day temperatures in Rovaniemi are the following:

Month	°C	°F
January	-10,3	13
February	-10,2	14
March	-4,1	25
April	+1,8	34
May	+9,2	49
June	+16,6	62
July	+18,7	66
August	+16,1	61
September	+9,7	50
October	+1,9	35
November	-4,3	24
December	-8,2	17

In the summer months, Lapland basks in 24 hours of daylight. In winter, a blue-tinged darkness falls for about two months. This sunless period is called "kaamos", the polar night. During kaamos in Rovaniemi, the sun rises above the horizon for just a couple of hours. Although the sun is out of sight for weeks, the snow on the ground enhances the light of the moon and the stars. Sometimes the aurora borealis (or northern lights) flicker across the Arctic sky in many nuances of green, red and yellow. When kaamos recedes, the days lengthen until, on the threshold of summer, the sun illuminates the landscape day and night. In the northernmost parts of Lapland, snow may still lie thick on the ground through May.

Date	Sunrise	Sunset
01.01.	10.58	13.44
01.04.	06.31	20.13
01.06.	02.12	00.17
01.07.	-	-
01.09.	05.50	20.42
01.12.	10.13	13.58

### Economy

The development of the Finnish economy has been rapid since World War II. Today the main manufacturing sectors of Finland are the wood and metal industries, computers and communications equipment, chemicals, textiles and construction. The best-known Finnish products are probably the Nokia mobile phones. Finnish investors own privately more than 90 per cent of the country's industrial base.

Services employ 57 per cent of the labour force, industry and construction 33 per cent, and agriculture and forestry 10 per cent. The two most important export sectors in Finland are the technological industries (electrical and electro-technical industry, metal industry, and mechanical engineering industry) and forestry. Finland's most important trading partners are Germany, Russia, Sweden, Great Britain, and the United States. A general economic recession caused the unemployment rate to rise rapidly from 3.4 % to 17.9 % between 1990 and 1993; it is now around 8%. The national currency is the euro, which is divided into 100 cents.

### Society

Finland, like the other Nordic countries, is known for its highly developed social welfare system, e.g. free medical care and education. The political system of Finland is also similar to that of the other Nordic countries. Finland works in close partnership with its Nordic neighbours: Sweden, Norway, Denmark and Iceland. Finland is a parliamentary republic with a multiparty political system. Two hundred members are elected by pro-

portional representation to a unicameral Parliament for a four-year period (next election in 2007). Governments are usually coalitions of several of the many political parties. The President is elected by the people for a six-year term. The Government is appointed by the President and it must enjoy the confidence of the Parliament. The President of the Republic is Mrs. Tarja Halonen. She was re-elected for another six-year term in January 2006. The current Prime Minister of the Republic is Mr. Matti Vanhanen (February 2004).

### Languages

Finland is officially a bilingual country. Its official languages are Finnish and Swedish. Finnish is spoken by 93 % of the population while Swedish is spoken as a first language by some 6 % of the Finns. In Lapland, the Sámi language is also spoken by 2,000 indigenous Sámi people. The Finnish language belongs to Finno-Ugric languages and is related to Estonian and Hungarian. It is considered a very difficult language to learn. However, it is useful to learn a few words of Finnish while staying in Finland. See the list of useful phrases at the end of Part One of this guide.

### Religion

The first Roman Catholic missionaries arrived in Finland in the 12th century. Since the 16th century Finland's largest denomination has been the Lutheran Church. 85 % of the population are baptised Lutherans, while 1% of the population belong to the Finnish Orthodox Church. In addition to these congregations, there are small communities of Catholics, Muslims, Jews and other religions.

More information is available at [www.evli.fi/english/index.html](http://www.evli.fi/english/index.html) (Lutheran Church), [www.ort.fi](http://www.ort.fi) (Finnish Orthodox Church) and [www.catholic.fi](http://www.catholic.fi) (Catholic Church).

## 7.2 Lapland

Lapland is the northernmost province of Finland and the European Union. It represents about one third of the area of the entire country (about 99,000 km<sup>2</sup>). About 5,900 km<sup>2</sup> of the area is water. Lapland is also a very sparsely populated area with only 2.1 people/km<sup>2</sup>. Of its 190,000 people about 7,000 are Sámi, of whom about 500 are Inari and 600 Skolt Sámi.

The capital of the province is Rovaniemi (pop 58,000). Other towns in Lapland are Kemi (pop. 23,000), Tornio (pop. 22,000) and Kemijärvi (pop. 10,000). There are 17 municipalities in the province, the largest of which is Inari (about 17,000 km<sup>2</sup>).

### Nature

Lapland is known in Finland for its treeless fells and wildlife. The most famous fells are Saariselkä, Levi, Ylläs, Pyhäntunturi, Luosto (ski resorts), Korvatunturi (the original home of Santa Claus) and Halti, the highest fell in Finland. Reindeer, wolves and wolverines are among the best-known animals of Lapland. Populations of rough-legged buzzards, eagles and willow grouse also belong to the Lapish landscape. In southern Lapland the forests of pine and spruce trees are endless. Further north, the trees become sparser. In northern Lapland, up in the fells, there are no trees at all.

The seasons are very pronounced in Lapland. During the winter of six months there is a lot of snow and sometimes the temperature can drop to -40°C. The spring, when the days get longer, is very short. Summers can be very warm with 24 hours of daylight. The distinguishing feature of autumn is the famous autumn colours.

### Snow

People who have not experienced a Nordic winter before may have a lot of questions in

mind. To help you come to terms with the winter season, it might help you to not think of it as a long, monotonous period of darkness, cold and snow, but as a sequence of several distinct phases, each of which has an atmosphere of its own. By accepting it as it comes, you will find the winter in Rovaniemi a richly rewarding experience.

At the first sign of winter, the streets occasionally get filled with slush, but eventually everything gets covered up with real snow. The months from December to February are a time of stillness. The sun hardly rises above the horizon in Rovaniemi and the hours of light are few during midwinter. As for the temperature, a typical midwinter reading in Rovaniemi would be something between -5°C and -25°C; sometimes it gets colder. Fortunately, Finnish houses (including student flats) are equipped with three-layer windows and central heating, so there is no reason to worry. However, when going out, it is always wise to be wary of frostbite; this is best done by wearing appropriate clothing (woollen cap, mittens, warm shoes etc.). This should not discourage anybody from going out, since very cold days have an atmosphere of their own which should not be missed!

After the winter solstice in December, the amount of light steadily – although slowly – increases again. However, you need to wait until the end of March until the day once again outlasts the night (spring equinox). The day becomes longer and longer and although it still might snow a little occasionally, the snow gradually melts away. Spring is slowly but surely on the way, and soon it is the time of the light nights of the Nordic summer.

## 7.3 The Finns

Foreigners may sometimes feel a little frustrated with the way of life in Finland and the “communication culture” of the Finns.

It always takes a little time to adapt to a culture that is different from one's own.

Sometimes foreign visitors might feel that Finns are shy and reserved. However, the younger generation of multilingual travelling people does not differ from its counterparts in other countries. Older people, especially in the rural areas, may appear a bit more reserved; this due to the fact that they seldom speak languages other than Finnish. However, once the “ice is broken” you will experience the unpretentious sincere hospitality that characterises the Finnish countryside.

Some Finns are a bit shy when it comes to using a foreign language, especially in a group conversation. One thing that might be peculiar is Finns' great tolerance of silence in conversation. The Finns themselves think that they are a fairly straightforward people: we say what we mean and we mean what we say. A Finn's word can be trusted. The Finns have a dislike of artificiality, of “putting on airs”. In fashion, comfort is often (although not always) considered more important than looks. Life in Finland has a relaxed pace. In fact, the older generation is occasionally of the opinion that things are becoming a bit too lax. The more formal forms of address are rarely heard among the young, although older people still appreciate more formality, such as a polite handshake on being introduced. Handshaking is also common in business meetings, both on arrival and departure. At work the atmosphere tends to be informal; first names are used and people dress informally. Equality between the sexes has progressed quite a way, both at work and home, although the ultimate goal has not been reached everywhere.

### Eating and Drinking

Finns typically eat a substantial breakfast – coffee, bread, milk, yoghurt and maybe porridge. There is a mid-day meal, and then an evening meal at home around 17.00. A particularly Finnish habit is that of drinking milk or buttermilk with meals; even adults do this. Others prefer mineral water or beer, and even

the wine culture is making headway. Indeed, at weekends you will no doubt notice that some Finns may carry the “alcohol culture” a bit too far...

### Finns in Nature

In Finland, nature is highly respected by the people. Nowadays most people live in urban areas, but many still return to their roots in the countryside during holidays. There are about 400 000 summer cottages in Finland and during the holiday season in July the towns can sometimes look almost deserted.

There are also many national parks in Finland, the largest of these being situated in Lapland. In some areas movement can be restricted for scientific reasons, but most national parks are popular recreation areas. Almost everybody is involved in protecting nature through recycling. It is not all voluntary: there are also many laws and customs governing what you are allowed or not to do in nature. One example is “everyman’s right”. Everybody in Finland knows this expression, and according to this right everybody has the right to:

- move on foot, on skis, or by bicycle anywhere else except in a field, meadow, or plantation which might be damaged by passage
- stay temporarily – for example pitch camp sufficiently far away from other dwellings habitation in a place where movement is permitted
- pick wild berries, mushrooms, and flowers
- walk and swim in waterways, and walk on ice

It is forbidden to

- disturb or damage birds’ eggs or their young
- fell or disturb growing trees, take dried or fallen wood, twigs, moss etc. from someone else’s land
- light an open fire on someone else’s land unless absolutely necessary
- leave refuse behind
- drive a motor vehicle on terrain without the permission of the landowner

- disturb reindeer
- fish or hunt without the required permits

### Sauna

The sauna is not only a hot room; it is an institution and an essential part of Finnish culture. Consider that there are only 5 million Finns and half a million saunas in Finland. The sauna is a place for relaxing with friends and family, a place for physical and spiritual relaxation. Many people also associate some kind of sacredness with it. There are various things that you are not supposed to do in the sauna: speak loudly, read a newspaper or quarrel. It is a place to relax and meditate. Today it is not customary in Finland for men and women go to the sauna together unless they are members of the same family. You will always find separate hours or sections for men and women in public and club saunas. The sauna in Finland is not connected with any kind of sexual behaviour, unlike in many other countries. Nakedness in the sauna has always been considered natural and not in any way associated with sex.

There are many ways to bathe in the sauna and usually everyone has his or her own way of doing it. As a general rule, after having undressed you take a shower and enter the sauna. Some people like the sauna milder (60 degrees Celsius) and some hotter (100 degrees). When in the sauna, water is thrown on the stones of the stove. After a short while, you can take a break, have a shower and go back to the sauna again. There is not a right way to do it, but you should feel good all the time. After the final time in the sauna, you wash yourself with soap and shampoo. Complete your relaxation by not hurrying to get dressed. An invitation to go to the sauna is always a polite gesture and it means a lot to Finns

### Crazy about Sports

As a nation, we love quizzes and competitions of all kinds, and it may be this charac-

teristic that underlies our craze for sports. About half the overall TV time seems to be given over to programmes where people are competing in one way or another, as individuals or teams. Finns have a special passion for sports which arouse their patriotic spirit, such as ice hockey and cross-country skiing: Finns learn to ski almost before they can walk. We also excel internationally in sports that require a special daredevil mentality, like ski jumping and motor racing.

(source: [www.finland.cimo.fi](http://www.finland.cimo.fi))

### Coffee

The Finns are also crazy about coffee, which is odd when you come to think of it: coffee beans themselves grow quite a way away. You will rapidly get used to the fact that when Finns get together for a chat, coffee is invariably part of the scene. But note that the coffee in Finland is usually not as strong as in Central and Southern Europe. Times are changing, too, of course, for good or ill. The younger generation is nowadays equally likely to offer wine.

(source: [www.finland.cimo.fi](http://www.finland.cimo.fi))

## 7.4 Tips for Living in Finland

### Handy Hints for Finnish Life from Réka, a Former Exchange Student:

- Do not be afraid of making the first step in communication
- Take your shoes off when you visit a Finnish home!
- Be on time!
- Be patient; stay in the queue if you are waiting!
- Accept the sauna invitation! It means a lot in Finnish culture.
- Stand up to shake hands, when introduced.
- Don’t take too much at dinner (for yourself). It is considered rude not to finish all the food on your plate.

- Don’t take food with you when you have finished your meal and leave the student cafeteria.
- You can call your teachers by their first name without any title; it is not impolite.
- You can return your used bottles and cans to the stores and you will get some money back.
- Remember to recycle! There are separate places for used items in your kitchen.
- Finland has very strict rules regarding smoking. It is forbidden to smoke in public buildings. Finns normally smoke outdoors, even in winter.

*“I had an exceptionally great time here! I feel very lucky that I experienced all these things! My friend family program was absolutely wonderful! I definitely will visit Finland again and especially Rovaniemi since for me now it really is regarded as home...”*

*Angeliki, 24, Greece*

# 8. Rovaniemi

Rovaniemi is the capital of Northern Finland. It lies close to the Arctic Circle and is situated between the hills of Ounasvaara and Kor-kalovaara at the confluence of the Kemijoki River and its tributary, the Ounasjoki River. Rovaniemi is the biggest town in Lapland. On 1 January 2006 the town and the municipality of Rovaniemi were united forming a city of approximately 58,000 inhabitants. The city of Rovaniemi covers an area of 8,014 km<sup>2</sup>, which makes it slightly smaller than e.g. Cyprus.

The town is the centre of administration and commerce in Lapland. In Finland, Rovaniemi is also known for as a winter sports town. Throughout the world, Rovaniemi is famous for being the hometown of Father Christmas. Because of the unspoiled nature and numerous recreational opportunities, tourism is an important industry in Rovaniemi. The city has a number of good hotels and restaurants located both in the centre and on the outskirts of town. Sports facilities are easily accessible to local citizens and visitors in both summer and winter. There are jogging, cross-country and downhill ski tracks, two indoor swimming pools, and a gymnasium at the Santa Claus Sports Institute.

## 8.1 Rovaniemi AD 900 – 2006

As early as 900 AD there was a permanent Karelian trading centre on this site. The first written document referring to Rovaniemi dates back to 1453. It became the capital of the Province of Lapland in 1938. During the Second World War, in the autumn of 1944, the town of Rovaniemi was almost totally burnt down. After the War, Rovaniemi was

rebuilt into a modern community. It was awarded the status of town in 1960. Several public and private buildings designed by the world-famous Finnish architect Alvar Aalto have been erected in the town. One outstanding example is the Administrative and Cultural Centre, which comprises City Hall, Lap-pia Hall (housing the City Theatre, Orchestra and Congress Hall), and the Provincial Library.

Today, Rovaniemi is a significant centre of administration and education. As the capital of the Province of Lapland, it has the offices of many government institutions. It is said that of the city's 58,000 inhabitants, more than 10,000 are students. Rovaniemi is home not only to the University of Lapland but also to Rovaniemi Polytechnic, which comprises institutes of business, health and social care, culinary studies, forestry, rural studies and sports  
(Source: [www.rovaniemi.fi](http://www.rovaniemi.fi))

## 8.2 Cultural Life and Attractions

The town has a lot to offer to its inhabitants and visitors. Rovaniemi has a regional theatre, several museums and is also home to one of the most renowned orchestras in the country; the Lapland Chamber Orchestra. And one should never forget that Rovaniemi is the place where you can meet the one and only Santa Claus.

Throughout the year, there are also many annually arranged events in town: Arctic Lapland Rally, City Reindeer Race, Rovaniemen Markkinat (spring and autumn fair), Ounasvaara Winter Games, Jutajaiset (folk music and folk dance festival), Down by the Kemijoki (rock music festival) and Christ-

mas season with various events. Here are some Internet pages where you can find information about cultural life and some events in Rovaniemi:  
[www.rovaniemi.fi/?deptid=4780](http://www.rovaniemi.fi/?deptid=4780)  
[www.rovaniemi.fi/?deptid=2843](http://www.rovaniemi.fi/?deptid=2843)  
[www.arcticrally.fi](http://www.arcticrally.fi)

This chapter introduces some attractions and cultural institutions in Rovaniemi and its surroundings.

## The Arktikum

The Arktikum is a complex housing the Arctic Centre of the University of Lapland and Provincial Museum of Lapland. The building holds permanent and changing scientific exhibitions by the Arctic Centre and exhibitions by the Provincial Museum of Lapland. See also The Arctic Centre in Chapter 1.5

### Contact Information

Pohjoisranta 4  
FI-96100 Rovaniemi, FINLAND  
Tel. +358 (0)16 317 840  
[www.arktikum.fi](http://www.arktikum.fi)  
Open: Tue-Sun 10.00 -18.00

## The Lapland Chamber Orchestra

The Lapland Chamber Orchestra is one of the best-known chamber orchestras in Finland. It has 16 players and its present conductor is John Storgårds. The Orchestra is a regional orchestra and performs throughout Lapland. The orchestra has also recorded music, for example, works by Astor Piazzola. The orchestra is known for its various Finnish premieres of pieces composed by international composers and world premieres of pieces composed by Finnish composers.

### Contact Information:

Office: Rovaniemi Town Hall  
Hallituskatu 7  
FI-96100 Rovaniemi, FINLAND  
Tel. +358 (0)16 322 2238 / Office  
[www.rovaniemi.fi/?deptid=2676](http://www.rovaniemi.fi/?deptid=2676)

## The Regional Library of Lapland

The Regional Library of Lapland (Lapin maakuntakirjasto) is both the City Library of Rovaniemi and Provincial Library of Lapland. Its goal is to serve all the citizens of Lapland. The Library has a special collection of literature and audiovisual material about the North Calotte. The collection is in the Lapponica Department and it is highly recommended to all students. The Lapponica collection includes more than 50 000 catalogued books and other monographs, and about 30 000 articles. It is mainly a reference library but you can borrow most books for short periods. A library card is needed to borrow books. The card is free of charge. The Provincial Library also has a music department where you can listen to music or borrow tapes, LPs, CDs, musical scores, videocassettes, and language tapes.

### Contact Information

Jorma Eton tie 6  
FI-96100 Rovaniemi, FINLAND  
Tel. +358 (0)16 322 2463  
<http://www.rovaniemi.fi/?deptid=3713>

### Open:

Main Library,  
Mon-Thu 11.00-20.00,  
Fri 11.00-17.00,  
Sat 11.00-16.00,

## Rovaniemi Art Museum

Rovaniemi Art Museum is located in an old post bus depot, one of the few buildings in Rovaniemi that survived the Lapland War in

## 8. Rovaniemi

1945. The museum presents Finnish contemporary art, Nordic art and the art of indigenous peoples. The exhibition also includes works from the Jenny and Antti Wihuri Foundation. In addition to the permanent exhibition, the museum arranges changing exhibitions.

### Contact information:

Lapinkävijäntie 4  
FI-96100 Rovaniemi, FINLAND  
Tel. +358 (0)16 322 2822  
Fax +358 (0)16 322 3052

### Open:

Tue-Sun 12.00-17.00

Other museums in town are The Forestry Museum and Ethnographic Museum. In addition to museums Rovaniemi has several small art galleries. For example Valo, Kajo, and Katve are galleries of the Faculty of Art & Design.

## Rovaniemi Church

The church of Rovaniemi was destroyed in the War of Lapland in 1945. The new church was built in 1950. It was designed by Architect Bertel Liljequist. Inside the church there is a famous fresco Elämän lähde (Spring of Life) painted by Lennart Segerstråle 1951.

### Contact Information:

The Parish of Rovaniemi  
Rauhankatu 70  
FI-96100 Rovaniemi, FINLAND  
Tel. +358 (0)16 335 511  
Fax +358 (0)16 346 938  
rovaniemi.seurakunta@evl.fi

## Finnkino Movie Theatre MAXIM

Maxim is the only mainstream movie theatre in Rovaniemi. It has two screens and it is situated in the centre of town in the Sampo-

Keskus shopping centre. Maxim has both Finnish and foreign (Mainly American) movies in its program.

### Contact information:

Ticket reservations: 0600 007 007  
(from 8 Am. to 8 Pm.)  
More info: [www.finnkino.fi](http://www.finnkino.fi)

## The Rovaniemi Film Club CINEMA

The Rovaniemi Film Club CINEMA was founded in 1969. The club works on a volunteer basis and provides movies outside the mainstream. Active members take care of everything from choosing the films to showing them and from cleaning the theatre to marketing and financial matters in their free time. Films are shown in Wiljami, Urheilukatu 1, on Mondays at 7.30 pm.

Cinema organises local movie happenings and festivals and has helped local associations in carrying out their events. Cinema also organises screenings of Finnish Film Archive movies. The club has also organised trips to the Tromsø International Film Festival in Norway in January. You can find more information about the club and its screenings from: <http://www.rovaniemencinema.fi/>

## Lapland Student Theatre

Lapland Student Theatre celebrated its 25th anniversary in autumn 2005. It is an enthusiastic and innovative amateur theatre which performs plays of famous writers and local rising talents. The Student Theatre operates in the same Wiljami house as the movie club Cinema. Of course, the student theatre performs most of its plays in Finnish, but some pieces can be followed even without language skills.

More info: [www.lapinylioppilasteatteri.net](http://www.lapinylioppilasteatteri.net)

## Rovaniemi Theatre – The Regional Theatre of Lapland

Rovaniemi is home to the northernmost professional theatre in Finland. Rovaniemi Theatre – The Regional Theatre of Lapland operates in a building designed by Alvar Aalto in the centre of Rovaniemi. However, the theatre also takes plays all over the province of Lapland. There are both national and international plays in the theatre's program, but texts from Lapland describing the northern way of life are a speciality of this theatre which holds an important place in the cultural life of the area.

### Contact Information:

Jorma Eton tie 8 A  
96100 Rovaniemi  
Tel. +358 (0)16 322 2495  
<http://www.rovaniementeatteri.com>

## Santa Claus Village and Santa Park

This is the place where Father Christmas / Santa Claus lives. Rovaniemi is the place tens of thousands of people come to for a visit every year from all over the globe. In Santa Claus Village you will find the Office of Santa Claus, Santa Claus' grotto, souvenirs, Santa Claus' Post Office, restaurant and café – and Santa Claus himself.

Santa Claus Village is situated 8 km to the north of Rovaniemi direction Ivalo along highway number 4. You can reach the Arctic Circle also easily by local bus number 8. SantaPark is situated in the depths of a cave just close by the Santa Claus Village. It has plenty to offer especially for children, but adults can also find it fun and interesting. It is an amusement park with special Christmas theme. SantaPark is open during Christmas and summer seasons. Check exact dates and hours from the www -pages of SantaPark.

### Contact Information:

Santa Claus Village  
FI-96930 Arctic Circle, FINLAND  
Tel./Fax. +358 (0)16 3562 096  
Open: Daily 10.00-17.00  
[www.santaclausvillage.info](http://www.santaclausvillage.info)

### SantaPark

FI-96930 Arctic Circle, FINLAND  
Tel. +358 (0)16 333 0000  
Fax. +358 (0)16 333 0020  
[www.santapark.com](http://www.santapark.com)  
E-mail: [info@santapark.com](mailto:info@santapark.com)

## The Ranua Zoo

The Ranua Zoo is situated about 90 kilometers south of Rovaniemi. The zoo specialises in Arctic and Northern wildlife, including bears, polar bears, lynx, wolves, wolverines, and elk. The Ranua Zoo is the only place in Finland where you can see a real polar bear; there aren't any left in the streets of Rovaniemi!

### Contact Information

Rovaniementie 29  
FI-97700 Ranua  
Tel. +358 (0)16 355 1921  
Fax +358 (0)16 355 1034  
Internet: [www.ranuazoo.com](http://www.ranuazoo.com)  
E-mail: [ranuan.zoo@ranua.fi](mailto:ranuan.zoo@ranua.fi)

## 8.3 Social Life in Rovaniemi

### Eating and Drinking

#### Eating

There is no Nepalese restaurant in town and it might be difficult to find traditional food from Madagascar. However, Big Macs are here. In addition to McDonalds, you can find several other hamburger places, pizzerias and restaurants in town. During your stay in Rovaniemi, you should also try some of the local

specialties: reindeer meat in various forms, raw or smoked salmon, and whitefish and cloudberrries.

Here are some places in town: McDonalds (the northernmost McD in the world) at Poromiehentie 3, Rosso (big pizzas for reasonable prices) at Koskikatu 4, Mia Maria (pizzas and nice atmosphere) at Rovakatu 14, Golden Rax Pizzapuffet (eat as much as you can) at Koskikatu 11, Xiang Long (Chinese) at Koskikatu 21, Hai Long (Chinese) at Valtakatu 22, and the restaurant Martina at Koskikatu 11. Restaurants such as Caissa (Korkalonkatu 29) and Oppipoika (Korkalonkatu 33) usually have local specialties in their menus.

### Drinking

In general, there are two kinds of restaurants: those with an "A-licence" serving all kinds of alcohol and those with a "B-licence" serving only beer and wine. There are several restaurants, nightclubs and pubs in Rovaniemi. The hours may vary, but nightclubs usually are open till 04.00 and pubs till 02.00. Restaurants typically close between 23.00 and 24.00.

Here are some places where you can meet other students:

#### TIVOLI – ZIRCUS

The Student Union's own nightclub with live music almost every week.

Valtakatu 19

Internet: [www.cafetivoli.fi](http://www.cafetivoli.fi)

**Open:** Wed-Sat 22.00 – 04.00

#### CAFÉ-BAR COMICO

A restaurant and bar partly owned by the Student Union. Has a Tex-Mex menu and offers live music and/or stand-up comedy frequently.

Koskikatu 25

**Open:**

Mon, Tue and Thu 15.00 – 22.00

Wed and Fri 15.00 – 02.00

Sat 13.00-02.00 and

Sun 13.00-20.00

Other places frequented by students are Doris, Irish Times, Pub Paha Kurki, Hemingway's, and Zoomit Bar.

N.B. Tipping is not customary in Finland in a restaurant or bar. A service charge is always included in the bill. Tips are customary only for hotel and restaurant doormen and porters.

## Religious Communities

### The Evangelical Lutheran Church in Rovaniemi

The Evangelical Lutheran congregation in Rovaniemi welcomes students to visit the church in the centre of the city, on Yliopistonkatu. The majority of the Finns belong to the Evangelical Lutheran Church of Finland and it is considered to be a national church. The Lutheran Church has good ecumenical relationships with both the Greek Orthodox and Roman Catholic Churches, other Protestant denominations and especially with the Anglican Church.

The church's student work tends to be ecumenically oriented and open-minded. Worship services, weekend camps, gospel concerts, Bible groups, sauna evenings and silent retreats are arranged. University Chaplain Rev. Pentti Tepsa is available for pastoral counselling and will gladly provide more information.

#### Contact Information

Mr Pentti Tepsa

University Chaplain

Tel. +358 (0)40 554 6459

[pentti.tepsa@evl.fi](mailto:pentti.tepsa@evl.fi)

### The Orthodox Church in Rovaniemi

The Orthodox parish of Lapland was founded in 1950. It is a part of the Diocese of Oulu. Geographically this parish covers the whole area of Lapland except for the areas of Kemi and Tornio and is the largest in the diocese. Around 1200 people belong to this Ortho-

dox parish, 400 of whom live in the Rovaniemi area. The Orthodox church of Rovaniemi was built in 1956 and is dedicated to the memory of the Apostle Andrew. The Orthodox congregation has a service at the church on weekends and during the ecclesiastical feast days.

#### Contact Information

Father Timo Honkaselkä

Ounasvaarantie 16

FI-96400 Rovaniemi, FINLAND

Tel. +358 (0)16 312 361

Fax +358 (0)16 316 201

[timo.honkaselka@ort.fi](mailto:timo.honkaselka@ort.fi)

### Krosis, Rovaniemi Christian Students' Association

Krosis is a student-led Christian organization. Krosis meetings take place on Fridays in the Päiväkeskus building (address: Kairatie 23) in Rovaniemi. Krosis is open for all Christians and welcomes everyone to its events.

#### Contact Information

Krosis

[krosis@ulapland.fi](mailto:krosis@ulapland.fi)

<http://www.geocities.com/rovkrisopis/english.html>

## Clubs and Associations

### Gays and Lesbians

Rovaniemen SETA ry (Sexual Equality Association) is a human rights organisation in the fields of legal equality and social justice for sexual and gender minorities such as lesbians, gay men, bisexuals and trans-people. It was founded in 1991 and it is a member of the national SETA organization. SETA in Rovaniemi organises activities and parties for its members and guests.

### Contact Information

Rovaniemen Seta ry

P.O. Box 1216

FI-96101 Rovaniemi

Tel. +358 (0)40 715 1173

[info@rovaniemenseta.fi](mailto:info@rovaniemenseta.fi)

<http://www.rovaniemenseta.fi/>

### Moninet

Moninet is a multicultural meeting place where you can meet Finns and foreigners living in Rovaniemi, use computers and the Internet, and read papers and magazines. In addition to being a meeting place, Moninet is also an advice bureau and a place for different activities.

#### Contact Information

Hallituskatu 26

96100 Rovaniemi

Open: Mon - Fri: 9 - 16

Tel. +358 (0)16 555 655

+358 (0)16 555 656

<http://www.rovala.fi/moninet/etusivu.htm>

### Amnesty International, Rovaniemi Local Group

Amnesty International (AI) is a worldwide movement of people who campaign for internationally recognized human rights. A small but active local group of Amnesty International works in Rovaniemi. The group specializes in Russia and meets on a regular basis.

#### Contact Information

[www.amnesty.fi/info/paik\\_ryhmat.htm](http://www.amnesty.fi/info/paik_ryhmat.htm)

### Friends of the Earth, Rovaniemi local group (ROMU)

Friends of the Earth Finland is an umbrella organisation of individual members, local FoE organisations and like-minded Finnish

NGOs. It was founded in June 1996 in Turku, and it is a member of Friends of the Earth International, the world's largest network of environmental organisations. (Source: <http://www.maanystavat.fi/english.php>) There is a local FoE group working in Rovaniemi. The local group welcomes everyone to its meetings and happenings.

#### Contact Information

rovaniemi@maanystavat.fi

#### Lapin yliopiston Martat, Martha organization at the University of Lapland

The Martha Organization is a home economics extension organization, which was founded in 1899 to promote the quality and standard of life in the home.

(Source: [http://www.martat.fi/in\\_english/](http://www.martat.fi/in_english/)) There is a small but active Martha organization working at the University of Lapland. It was founded by a group of students in February 2005. The Martha organization arranges cooking courses and other activities also in English. Courses arranged by the organization offer good chances to get to know Finnish food culture.

#### Contact Information

vkiljune@ulapland.fi

#### Elimu

The Elimu association was established already in 1987. The most visible activity of Elimu is the world shop, which is situated in the centre of Rovaniemi. From this shop you can find for example fair-trade products, handicrafts and environmentally sustainable products.

#### Contact Information

[www.maailmankauppaelimu.org](http://www.maailmankauppaelimu.org)

## 8.4 Daily Life in Rovaniemi

Daily life for a student in its simplicity is getting to university in the morning, spending most of the day at lectures and other tasks, going back to the student flat in the afternoon or evening and then spending the evening with homework or/and various activities. Activity usually means for example going from one place to another, doing daily shopping and exercising. Here is some information on these topics.

### Transportation

#### Bicycling and walking

The most common ways of getting around in Rovaniemi are bicycling and walking. You can even bike during winter because the snow is removed from the paths. However, you should keep in mind that the roads can be very slippery from time to time. During the dark winter months it is very important to remember to make yourself visible while walking or biking. You should always wear light reflectors when it's dark. According to Finnish road traffic legislation, headlights have to be used in all vehicles when it is dark or when visibility is otherwise poor. Headlights must be used even when there are streetlights. In addition to a headlight your bike must have light reflectors installed in the front, back, sides and pedals. You can get fined if you don't have a headlight and/or light reflectors installed in your bike.

It is also important to wear a helmet while biking. Since bike thefts are quite common it is recommended to get a proper lock for your bike. Second-hand bikes can be bought in some sport shops. Here are some shops where you can buy bikes and get your bike fixed:

Martin Pyöräkorjaamo  
Korkalonkatu 14  
96100 ROVANIEMI  
Tel. +358 (0)16 344911

Rovaniemen pyöräkeskus  
Pohjolankatu 2  
96100 ROVANIEMI  
Tel. +358 (0)16 3422342

Rovaniemen Mountain Bike Center  
Ruokasenkatu 10  
96200 Rovaniemi  
Tel. +358 (0)16 345996

#### Car rental

If you want to rent a car, the first thing to remember is insurance. There are several car rental companies in Rovaniemi (Toyota Rent, Budget, Avis, Europcar and Hertz, for example). If you want to rent a car, you need a driver's license and you need to be at least 20 years of age. Also a passport or other proof of identity is needed. It might also be a good idea to visit [www.mintc.fi](http://www.mintc.fi). This website of the Finnish Ministry of Communication and Transport contains information on driving in Finland. And always remember that driving under the influence of alcohol or drugs is strictly forbidden in Finland.

#### Taxi

Taking a taxi in Finland is quite expensive; even a short trip can easily cost 7 to 8 euros. An extra fee is charged during nights and weekends. The general taxi number in Rovaniemi is (016) 10 64 10. Taxis take 3–4 passengers, minibuses up to 10 passengers.

#### Local buses and long-distance buses

Local buses operate between the University and the centre of the town (routes 2 and 4) and between the centre of the town and Ounasvaara (routes 1, 3, 5 and 6). In the mornings there is also one direct route from Ounasvaara to the University (route 7). Timetables and route maps are available at the bus station and at the Rovaniemi City Service Point Osviitta. The basic price of a ticket is 2.60 euros. 44-trip tickets, 22-trip tickets and monthly cards are also available. For students

the monthly card costs EUR 40. Cards can be bought at the bus station or at Osviitta. A passport and certificate from the University are needed when buying the first card.

Long-distance buses operate throughout the country. A student card entitles undergraduate students to a 50-% discount on both single and return tickets (minimum distance 80 km). Information on long-distance travel and transport services is available at the local bus station and at [www.matkahuolto.fi](http://www.matkahuolto.fi)

#### Contact Information

Rovaniemi City Service Point Osviitta  
Rovakatu 2  
96101 Rovaniemi  
<http://www.rovaniemi.fi/?deptid=14527>  
(in Finnish only)  
Rovaniemi Bus Station  
Lapinkävijäntie 2  
96100 Rovaniemi  
Timetables and tickets: 0200 4060

#### Trains and planes

There are several daily connections by train from Rovaniemi to Oulu, Tampere and Helsinki. A student card entitles undergraduate students to a 50% discount. More information on train schedules is available at the railway station.

#### Contact Information

Rovaniemi Railway Station  
Ratakatu 3  
96100 Rovaniemi  
[www.vr.fi](http://www.vr.fi)

#### Rovaniemi Airport

Rovaniemi Airport is situated 8 km north of the centre of the town. The easiest way to get to the airport or from the airport to town is the Airport Taxi, tel. +358 (0)16 362 222. Finnair and Blue have several flights between Helsinki/Oulu and Rovaniemi every day timetables can be checked from [www.finnair.com](http://www.finnair.com) and [www.blue1.fi](http://www.blue1.fi)

## Shopping

Shops are usually open at least from 09.00 to 17.00 on weekdays and from 09.00 to 13.00 on Saturdays. Department stores and shopping centres are open from 09.00 to 21.00 from Monday to Friday and 09.00 to 18.00 on Saturdays. During the summer months and Christmas season, several stores are open also on Sundays. Some small grocery stores are open on Sundays throughout the year. You can find groceries and other food items, clothes, kitchen utensils, magazines, cosmetics at the following stores:

### Grocery stores

Citymarket	Pulkamontie 1, Saarenkylä
Prisma	Teitikkatie 1
K-Supermarket	
Kauppari	Kauppari
K-Supermarket	
Keskipeite	Koskikatu 25
Lidl	Oijustie 2
Valintatalo	Kansankatu 11

### Grocery stores which are open on Sundays

Ruoka	
Torkkola	Rovakatu 10
Siwa	Veitikantie 13
Siwa	Asemieskatu 34
Siwa	Kivikaudentie 1

### Book stores

Suomalainen	
Kirjakauppa	Rovakatu 24
Kirjakassi	In Sampokeskus (see below)
Cityn Kirja ja Paperi	Ainonkatu 2-4

### Shopping Centres

Sampokeskus	Koskikatu 17
Kalotinlinna	Koskikatu 14-16

Both shopping centres are situated in the middle of the town centre. They have a variety of shops from gift shops to clothing and shoe stores.

### Flea markets

Tuhat-Tori	Harrikatu 2
------------	-------------

Varastokirppis	Varastotie 8
Red Cross,	
Kontti recycling store	Aittatie 13

### Sport shops

City Sport	Rovakatu 23
Intersport	Koskikatu 25

### Fair Trade shop

Elimu	Rovakatu 9
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## Sports Facilities in Rovaniemi

Rovaniemi is known as an active sports town. Basically, you can do any sport from golf to gymnastics; and winter sports, e.g. cross-country skiing and alpine skiing, are especially popular hobbies among the locals. Rovaniemi is surrounded by forests and you don't have to go far from the town centre to go for a hike in the nature. On Ounasvaara there are hiking trails in the summer and skiing trails in the winter.

### Here are some sport facilities in Rovaniemi:

Swimming Hall Nautilus  
Nuortenkatu 11  
Tel. +358 (0)16 322 2592  
Fax +358 (0)16 322 3081  
[www.rovaniemi.fi/?deptid=1120](http://www.rovaniemi.fi/?deptid=1120)

Santa Claus' Sports Institute  
Hiihtomajantie 2  
Tel. +358 (0)16 334 411  
Fax +358 (0)16 312 969  
[www.santasport.com](http://www.santasport.com)

Ounasvaara Ski Centre  
Ounasvaara  
Tel. +358 (0)16 369 037  
[www.ounasvaara.net](http://www.ounasvaara.net)

Kunnon Paikka  
Lähteentie 20  
Tel. +358 (0)16 314 133

# 9. Good to know

Unfortunately, there are not enough pages in this booklet to tell you everything that you should know. Here is just a small list of useful things that you will find out sooner or later. Most of these have to be learned on the spot, but you might find some advance pointers useful.

## 9.1 Banks and Credit Cards

You are advised to have cash in Finnish currency (euro) available when you arrive in Finland. Some shops accept traveller's cheques, but in general you have to change these at the local banks.

Every international student is also advised to open a bank account right after arrival in Finland. A passport and a study certificate from the University are needed to open an account. Opening an account is free, but other services are usually subject to a charge. A credit card is good to have for emergencies. In Finland, all the major credit cards (VISA, Mastercard, Eurocard, Diners Club, and American Express) and Finnish bank cards are widely accepted. Credit cards can also be used to get money from cash dispensers, ATMs (Otto, pankkiautomaatti, pikapankki). ATMs are open 24 hours. All banks also have special banking terminals (maksuautomaatti) or services on the web. The major banks in Finland are: Sampo, Nordea and Osuuspankki. The offices of the banks are usually open Mon – Fri 09.30 – 16.30.

[www.nordea.fi](http://www.nordea.fi)  
[www.sampo.fi](http://www.sampo.fi)  
[www.okobank.com](http://www.okobank.com)

## 9.2 Communications and Postal Services

### Newspapers and International Press

International newspapers and magazines are sold in bookstores and well-equipped R-kiosks. The University Library and the Provincial Library subscribe to many international newspapers and magazines. The main local newspapers are Lapin Kansa (daily), Pohjo-lan Sanomat (daily), Uusi Rovaniemi (free publication issued twice a week) and Roi-Press (free weekly publication). These newspapers are published in Finnish only. The main national newspaper in Finland, Helsingin Sanomat, has an international edition on the web.

[www.helsinginsanomat.fi/english](http://www.helsinginsanomat.fi/english)

### Telephones

In Finland, it being home to the Nokia phone company, it is extremely difficult to find a public telephone. Mobile phones are widely used. When using a mobile phone, you need to choose the operator, e.g. TeliaSonera, Elisa or DNA. Mobile phones cost anything between EUR 50 and EUR 400. When opening a mobile phone account, you may have to pay a deposit. All major operators also sell so-called prepaid connections. Prices of phone calls can vary a lot depending on when you call and where you call. You should always check the rates of your operator to avoid unpleasant surprises.

You can dial most countries direct from Finland. For a list of these countries, codes and charges, you should check the phone book.

## 9. Good to know

### To call Finland from abroad, dial:

- 1) The international code: e.g. 00
- 2) The country code for Finland: 358
- 3) The area code without the general prefix 0 and
- 4) The subscriber's number

### To call abroad from Finland, dial:

- 1) The international code: e.g. 990 (TeliaSonera)
- 2) The country code
- 3) The area code (usually without the general prefix 0; however, it is needed in calling e.g. to Italy) and
- 4) The subscriber's number

### Calling inside Finland from one city to another, dial:

- 1) The area code with the general prefix 0 and
- 2) The subscriber's number

[www.sonera.fi](http://www.sonera.fi)  
[www.elisa.com](http://www.elisa.com)  
[www.dnafinland.fi](http://www.dnafinland.fi)

## TV and Radio

There are five TV channels in Finland, three of which are available throughout the country. TV1 and TV2 are run by the Finnish Broadcasting Company YLE. MTV3, Nelonen and Sub-TV are commercial TV channels. All of the broadcasting companies in Finland also have digital channels nowadays, so the supply of channels is wider if you have a digital TV set or a special device to receive digital broadcasts. In addition, several international cable channels are available in Rovaniemi. Almost without exception, all broadcasts in languages other than Finnish are shown in the original language with Finnish subtitles.

If you have a TV set, please note there is an annual fee for using a television in Finland. You can pay this fee for a year, six or three months.

[www.yle.fi](http://www.yle.fi)  
[www.tv-maksu.fi](http://www.tv-maksu.fi)

The most popular radio channels are: YLE Radio 1, YLE Radio Suomi, YLEX, YLEQ, Classic FM, Radio Finland and Radio Nova. The local radio station is Radio RFM 101.1 Mhz.

## Postal services

In Finland, incoming mail is delivered Monday through Friday. There are no deliveries on Saturdays, Sundays or public holidays. The main post office is open Mon–Fri 09.00–20.00 and branch post offices Mon–Fri 09.00–18.00. Santa Claus's Main Post Office at the Arctic Circle issues a special stamp to cards and letters.

Rovaniemi Main Post Office  
Postikatu 1  
FI-96100 Rovaniemi  
Finland

Santa Claus' Main Post Office  
Santa Claus Village  
FI-96930 ARCTIC CIRCLE  
Tel. +358 (0)20 452 3120  
Fax +358 (0)16 348 1418  
joulupukinpaaposti@posti.fi  
<http://www.posti.fi/postimerkkikeskus/english/santa/mainoffice2.htm>

Branch post offices are located in Koskikatu 9, Väylätie 53, Porokatu 26, and Hillapolku 9

[www.posti.fi](http://www.posti.fi)

## 9.3 Other Useful Information

### Time

The time zone to which Finland belongs is two hours ahead of Greenwich Time. From the last weekend of March till the last week-

end of September Finland uses daylight saving time.

## Measurements

Finland uses the metric system. Here are some examples of how to convert other measures to metric system:

1 cm = 0.39 inches  
1 metre = 3.28 feet  
1 kilometer = 0.62 mile  
1 mile = 1.6 kilometers  
1 acre = 0.4 hectare  
1 hectare = 2.47 acres  
1 square mile = 259 hectares

1 square kilometer = 0.38 sq. mile  
1 pound = 0.45 kilogram  
1 kilogram = 2.2 pounds  
1 liter = 1.76 pints (Brit.)  
1 pint (Brit.) = 0.56 liter  
1 gallon (Brit.) = 4.54 liters  
1 pint (Am.) = 0.47 liter  
1 gallon (Am.) = 3.78 liters

## Electricity

The electric current in Finland is 220 V, 50 Hz. The power sockets conform to the European standard.



# 10. Embassies in Finland

You may want to contact the embassy of your home country while in Finland. Below is a list of some embassies (country, street address, telephone number, e-mail address).

## Australia (Embassy in Sweden)

Sergels Torg 12, 11th fl. Box 7003,  
Stockholm S-10386  
Tel. +46 8 613 2900  
Fax +46 8 613 2982

## Austria

Keskuskatu 1 A, 00100 Hki  
Tel. +358 (0)9 681 8600  
Fax +358 (0)9 665 084  
helsinki-ob@bmaa.gv.at

## Belgium

Kallioliinantie 5, 00140 Hki  
Tel. +358 (0)9 170 412  
Fax +358 (0)9 628 842  
ambel.helsinki@kolumbus.fi

## Bulgaria

Kuusisaarentie 2 B, 00340 Hki  
Tel. +358 (0)9 458 4055  
Fax +358 (0)9 458 4550  
bulembfi@icon.fi

## Canada

Pohjoisesplanadi 25 B, 00100 Hki  
PL 779, 00101 Helsinki  
Tel. +358 (0)9 228 530  
Fax +358 (0)9 601 060  
hsnki@dfait-maeci.gc.ca  
www.canada.fi

## China

Vanha Kelkkamäki 11, Kulosaari, 00570 Hki  
Tel. +358 (0)9 2289 0153  
Fax +358 (0)9 2289 0168  
press@chinemb.fi

## Croatia

Eteläesplanadi 12, 1st floor, 00130 Hki  
+358 (0)9 622 2232  
+358 (0)9 622 222  
croatia@embassy.inet.fi

## Czech Republic

Armfeltintie 14, 00150 Hki  
Tel. +358 (0)9 171 169, (09) 171 169  
Fax +358 (0)9 630 655  
helsinki@embassy.mzv.cz

## Cyprus

Bulevardi 5 A 19, 00120 Helsinki  
Tel. +358 (0)9 696 2820  
Fax +358 (0)9 696 28 230  
www.cyprusembassy.fi  
mail@cyprusembassy.fi

## Denmark

Keskuskatu 1 A, 00100 Hki  
PL 1042, 00101 Helsinki  
Tel. +358 (0)9 684 1050  
Fax +358 (0)9 68410540  
helamb@um.dk  
www.denmark.fi

## Estonia

Itäinen Puistotie 10, 00140 Hki  
Tel. +358 (0)9 622 0260  
Fax +358 (0)9 622 02 610  
www.estemb.fi  
Helsinki@mfa.ee

## France

Itäinen Puistotie 13, 00140 Hki  
Tel. +358 (0)9 618 780  
Fax +358 (0)9 618 78 342  
www.france.fi

## Germany

Krogiuksentie 4 B, 00340 Hki  
PL 5, 00331 Helsinki  
Tel. +358 (0)9 458 580  
Fax +358 (0)9 458 58 258  
www.helsinki.diplo.de  
saksa@germanembassy.fi

## Greece

Maneesikatu 2 A 4, 00170 Hki  
Tel. +358 (0)9 622 9790  
Fax +358 (0)9 278 1200  
www.greekembassy.fi  
info@greekembassy.fi

## Hungary

Kuusisaarenkuja 6, 00340 Helsinki  
Tel. +358 (0)9 484 144  
Fax +358 (0)9 480 497  
www.unkari.fi  
office@unkari.fi

## Iceland

Pohjoisesplanadi 27 C, 00100 Hki  
Tel. +358 (0)9 612 2460  
Fax +358 (0)9 612 24 620  
www.islanti.fi  
icemb.helsinki@utn.stjr.is

## Ireland

Erottajankatu 7 A, 00130 Hki  
PL 33, 00131 Helsinki  
Tel. +358 (0)9 646 006  
Fax +358 (0)9 646 022  
embassy.ireland@welho.com

## Italy

Itäinen Puistotie 4, 00140 Hki  
Tel. +358 (0)9 681 1280  
Fax +358 (0)9 698 7829  
www.italia.fi  
info@italia.fi

## Japan

Eteläranta 8 (4th floor), 00130 Hki  
Tel. +358 (0)9 686 0200  
Fax +358 (0)9 633 012  
www.fi.emb-japan.go.jp/  
inquiry.fi@jpnembassy.fi

## Latvia

Armfeltintie 10, 00150 Hki  
Tel. +358 (0)9 476 472 44  
Fax +358 (0)9 476 472 88  
embassy.finland@mfa.gov.lv

## Lithuania

Rauhankatu 13 A, 00170 Hki  
Tel. +358 (0)9 608 210  
Fax: +358 (0)9 608 220  
embassylt@kolumbus.fi

## Netherlands

Erottajankatu 19B,  
PL 886, 00130 Hki  
Tel. +358 (0)9 228 920  
Fax +358 (0)9 228 92 228  
www.netherlands.fi/  
nlgovhel@kolumbus.fi

## Norway

Rehbindintie 17, 00150 Helsinki  
Tel. +358 (0)9 686 0180  
Fax +358 (0)9 657 807  
www.norja.fi  
emb.helsinki@mfa.no

## Poland

Armas Lindgrenin tie 21, 00570 Hki  
Tel. +358 (0)9 618 280  
Fax +358 (0)9 684 7477  
www.embassyofpoland.fi  
amb.poland@helsinki.inet.fi

## Portugal

Itäinen Puistotie 11 B, 00140 Hki  
Tel. +358 (0)9 682 4370, 682 43 718  
(consulate)  
Fax +358 (0)9 663 550  
m.port@portugal.fi

**Romania**

Stenbäckinkatu 24, 00250 Hki  
Tel. +358 (0)9 241 3624  
Fax +358 (0)9 241 3272  
www.romania.fi  
romamb@clinet.fi

**Russia**

Tehtaankatu 1 B, 00140 Hki  
Tel. +358 (0)9 661 876, 661 877  
Fax +358 (0)9 661 006  
rusembassy@co.inet.fi

**Slovakia**

Annankatu 25, 00100 Hki  
Tel. +358 (0)9 6811 7810  
Fax +358 (0)9 6811 7820  
skemb.hels@sci.fi

**Slovenia**

Eteläesplanadi 24A, 00130 Hki  
Tel. +358 (0)9 228 9940  
Fax +358 (0)9 9694 4775  
vhe@mzz-dkp.gov.si

**Spain**

Kallioliinantie 6, 00140 Hki  
Tel. +358 (0)9 6877 080  
Fax +358 (0)9 170 923  
embespf@mail.mae.es  
www.kolumbus.fi/embassy.spain/

**Sweden**

Pohjoisesplanadi 7 B, 00170 Hki  
PL 329, 00171 Helsinki  
Tel. +358 (0)9 687 7660  
Fax +358 (0)9 655 285  
www.ruotsi.fi  
ambassaden.helsingfors@foreign.ministry.se

**Switzerland**

Uudenmaankatu 16 A, 00120 Helsinki  
Tel. +358 (0)9 622 9500  
Fax +358 (0)9 622 95050  
www.eda.admin.ch/helsinki\_emb  
vertretung@hel.rep.admin.ch

**Ukraine**

Vähäniityntie 9, 00570 Hki  
Tel. +358 (0)9 228 9000  
Fax +358 (0)9 228 9001  
ukrainian.embassy@kolumbus.fi

**United Kingdom**

Itäinen Puistotie 17, 00140 Hki  
Tel. +358 (0)9 228 65 100  
Fax +358 (0)9 228 65 262  
www.ukembassy.fi  
mailbox@ukembassy.fi

**United States of America**

Itäinen Puistotie 14 B, 00140 Helsinki  
Tel. +358 (0)9 616 250  
www.usembassy.fi  
webmaster@usembassy.fi

## 11. Survival Finnish

## Useful Phrases

**English**

Good morning!  
Good afternoon!  
Good night!  
Hello!  
Good-bye!  
How are you?  
Fine, thank you.  
What is your name?

My name is...

What time is it?

It is one o'clock.

Do you speak English?

I don't speak English.

I don't speak Finnish.

Do you understand?

I understand.

I don't understand.

Excuse me / I'm sorry.

Thank you!

You're welcome. /

Here you are.

Could you pass  
me the salt, please?

Cheers!

## Shopping

**Milk products**

butter  
cheese  
cream  
lactose free  
milk  
yoghurt

**Finnish**

Hyvää huomenta!  
Hyvää iltapäivää!  
Hyvää yötä!  
Hei / terve!  
Näkemiin!  
Miten voit?  
Kiitos hyvin.  
Mikä on sinun  
nimesi?

Minun nimeni on...

Mitä kello on?

Kello on yksi.

Puhutko englantia?

En puhu englantia.

En puhu suomea.

Ymmärrätkö?

Ymmärrän.

En ymmärrä.

Anteeksi

Kiitos!

Ole hyvä.

Saisinko suolaa,

kiitos?

Kippis!

**Maitotuotteet**

voi  
juusto  
kerma  
laktoositon  
maito  
jogurtti

**Drinks**

beer  
cider  
coffee  
hot chocolate / cocoa  
juice  
mineral water  
soft drink  
tea  
wine

**Meat products**

beef  
chicken  
fish  
ham  
hamburger  
meat  
minced meat  
pork  
salmon  
sausage

**Fruit and  
vegetables**

apple  
carrot  
cucumber  
fruit  
orange  
pear  
potato  
tomato  
vegetable

**Spices**

garlic  
onion

**Juomat**

olut  
siideri  
kahvi  
kaakao  
mehu  
kivennäisvesi  
virvoitusjuoma  
tee  
viini

**Lihat tuotteet**

naudanliha / nauta  
kana / kananpoika  
kala  
kinkku  
hampurilainen  
liha  
jauheliha  
sianliha / porsas  
lohi / kirjolohti  
makkara

**Hedelmät ja  
vihannekset**

omena  
porkkana  
kurkku  
hedelmät  
appelsiini  
päärynä  
peruna  
tomaatti  
vihannekset

**Mausteet**

valkosipuli  
sipuli

## 11. Survival Finnish

pepper  
salt  
sugar

pippuri  
suola  
sokeri

### Other basic foods

beans  
bread  
corn  
egg  
nut  
oatmeal  
oil  
pasta  
rice  
wheat flour

### Muut perusruoka-aineet

pavut  
leipä  
maissi  
kananmuna  
pähkinä  
kaurahiutale  
öljy  
pasta  
riisi  
vehnäjauho

### Personal hygiene

shampoo  
soap  
toothpaste  
toothbrush

### Hygieniatuotteet

shampoo  
saippua  
hammastahna  
hammasharja

## At the University

academic year  
advanced studies  
basic degree /  
first degree  
book examination /  
literature exam  
course  
credit  
degree programme  
degree requirements  
faculty  
grade  
intermediate studies  
lecture  
lecture hall  
library  
major subject  
Master's thesis  
  
minor subject  
optional

lukuvuosi  
syventävät opinnot  
  
perustutkinto  
  
kirjatentti  
kurssi / opintojakso  
opintopiste  
maisteriohjelma  
tutkintovaatimukset  
tiedekunta  
arvosana  
aineopinot  
luento  
luentosali / Ls  
kirjasto  
pääaine  
pro gradu -tutkielma/  
gradu  
sivuaaine  
vapaasti valittava /  
valinnainen

period  
postgraduate degree  
register / enroll  
registration period  
research  
science  
semester / term  
student union  
study guide /  
course catalogue  
study module  
study programme  
transcript  
university /  
academic degree  
university /  
institute of higher  
education

periodi  
jatkotutkinto  
ilmoittautua  
ilmoittautumisaika  
tutkimus  
tiede  
lukukausi  
ylioppilaskunta  
  
opinto-opas  
opintokokonaisuus  
opinto-ohjelma  
opintosuoritusote  
  
korkeakoulututkinto  
  
korkeakoulu /  
yliopisto

## “Easy Finnish”

Hölkynkölkyn  
Cheers! Bottoms Up!

Perustuslakivaliokunta  
Committee for Constitutional Law

Ydinfyysikkotyöryhmäkokous  
Meeting of nuclear physicists' team

Erikoissairaanhoidajakoulutusväiohjelma  
Programme for specially trained nurses'  
course

# Student Experiences

## David Diaz Pardo de Vera, 33, M.Eng., Student in the Master's Degree Programme in Northern Resources 2004-2006, from Madrid, Spain

*“My wish to broaden my knowledge of developmental issues paved the way for my studies at the University of Lapland. Even though my studies here have their main focus on Northern developmental and regional issues, the knowledge of regional dynamics can be transferred also to other parts of the world.”*

“My wish to broaden my knowledge of developmental issues paved the way for my studies at the University of Lapland. I have a degree in telecommunications engineering but professionally I wanted to progress into new areas. When my Finnish friend told me about the Master's programme in Northern Resources, I saw an opportunity to make my move as well as to realize my long-term hope to come to Finland.

I believe it will be useful for my future carrier prospects to combine these developmental and regional studies with my background in engineering. Even though my studies have their main focus on Northern developmental and regional issues, the knowledge of regional dynamics can be transferred also to other parts of the world. Moreover, in the international job markets there is a great demand for people with a broad-based knowledge, for instance in policy co-ordination.

At the University of Lapland, I have the possibility to take any course the university is offering, not only the courses in my major subject, which pleases me. In this way the students are provided with an ability to observe the world from various standpoints. The

friendly environment motivates me as a student too. Professors and co-ordinators are very accessible, open to students' suggestions and willing to help with your studies in any possible way.

For a Spaniard, living on the Arctic Circle is an exotic experience in itself. The cold and the darkness I actually wanted to experience, and to tell the truth it hasn't been as hard as I thought it would be. Also to live in such a small town is a challenge for me as I come from a big city. But the small size of the town has its positive side too: You get to see your friends also by chance on the streets. That could never happen in Madrid.“





**Jessica Huddart, 19, Student of Design and Marketing, Exchange Student in the faculty of Art and Design for autumn 2004, from Brisbane, Australia**

*“ I wanted to go somewhere really different from home, to broaden out my horizon and to have new influences in my studies. These requirements were truly filled by the University of Lapland. ”*

“In many ways my exchange period at the University of Lapland was an experiment for me as well as for my university in Australia. From my home university I’m the first student who had the courage and the fortune to take the opportunity and to come here to the other side of the globe.

Basically, I wanted to go somewhere really different from home, to broaden out my horizon and to have new influences in my studies. These requirements were truly fulfilled by the University of Lapland. There is a nice selection of courses in arts, design and graphics, and I can hardly think of any place differing so much from home than Rovaniemi and Finland.

Although my first impression was a small shock caused by the smallness of the town, I got over it and the whole four months turned out very well. I have had an opportunity to do courses I couldn’t have done at home, like fire sculpture. Due to the small size of the university and many familiar faces my experience formed out to be personal. I felt being part of the university and the faculty because the teachers also pay great attention to foreign students and guide the whole courses in English in spite of only one or two international students are attending the class.

The exchange period was a big step for my process of becoming independent. Coming here on my own was of course challenging but at the same time more rewarding. As an experience the exchange at the University of Lapland has made me appreciate what I have at home, my friends and family. It has also made me more open to new things and people that come to my way. I have come to know myself better, as well as to meet people I never would have met otherwise. Getting involved with other cultures and adjusting to them has opened my eyes to the fact that wherever you go whatever language the people speak, people are just the same and only the ways of communicating differ.”

**Karen Hibbard-Rode, 23, B.A., Post-Graduate Student in the Arctic Studies Program during the academic year 2004-2005, from Minneapolis, Minnesota, United States**

*“ I have always been fascinated by the Arctic. At the University of Lapland I can experience the Arctic life at the same time as studying about it! ”*

“After completing my undergraduate degree in biology at home in the U.S., I wanted to go abroad. The interdisciplinary Arctic Studies Program at the University of Lapland suited me well, because I have always been fascinated by the Arctic and I already dealt with relevant issues in my previous studies and study papers. Moreover, the multidisciplinary nature of the program interested me, since my earlier studies pressed me to think critically and to observe reality from various points of view. Also, where else could I experience the Arctic life at the same time as studying about it!

The University of Lapland and its Arctic Centre are at the heart of Arctic issues. As a student I got the latest information on what was going on in the field of Arctic research, because researchers here take time to teach and also guide the independent research projects of the students besides doing their actual work.

In spite of the fact that I had never lived abroad before, living here has been interesting for me as the international community here is very lively and fun. Moreover, the leisure-time activities arranged by the Student Union and the Friend Family Programme



have helped me to integrate into the local community. Through my friend family I have been able to know the Finnish way of life, and attending the volleyball team offered by Student Union has helped me to be involved with local students. I have also found the Finnish class I took to be very important as a way to achieve a better knowledge of the Finnish culture, people and lifestyle, which are worth knowing about.”

Sari Väyrynen



## **Part II**

# **International Programmes and Courses 2006 - 2007**

# Preface

This part of the Study in Lapland guide introduces international education offered by the different faculties and units of the University of Lapland during the academic year 2006–2007. This guide does not include a complete course catalogue, because the exact course information was not available at the time of printing. Detailed information on the courses offered in English can be found from the websites of the faculties and units (mentioned after each introduction) and from the WebOodi information system. This guide will help students to get an idea of what we offer and to start to plan their studies here.

As described in chapter 2 of this guide, the system of studies in a Finnish university can differ a lot from that of some other countries. Students have a considerable amount of freedom in planning their own studies. Of course, this freedom also means a lot of responsibility in finding suitable courses, planning one's own schedules and keeping up with those plans.

In the University of Lapland students are not restricted to choose courses from a single faculty. It is possible to take courses from different faculties and units regardless of the faculty the students are originally accepted

to. Most of the courses offered in English are open to all students of the University of Lapland. However, you should note that there can be limitations to some courses offered for example by the Faculty of Law, Faculty of Art and Design and the Language Centre. Registration is generally required for all courses, and it is important to check beforehand if there are any limitations or requirements for previous studies. The University of Lapland offers students unique chances to choose studies from different fields, and students are advised to keep an open mind in planning their studies.

The WebOodi information system helps students to search for courses and plan their studies. It is possible to search for courses even without a user ID and password. You can access WebOodi from:

<https://weboodi.ulapland.fi/oodi/>.

To search for courses offered at the University of Lapland click "Search by organisation" and choose University of Lapland. User guides can be downloaded from the front page of WebOodi.

# 12. International Studies Centre / ISC

## 12.1 Introduction of ISC

The International Studies Centre (ISC) is a unit of the Department of Research Methodology (MELA). It was established in 1999 to develop international studies at the University of Lapland. The main responsibilities of the ISC are the coordination of international education at the University and the creation of new multidisciplinary programmes for degree students.

During the academic year 2006–2007 the ISC arranges the following programmes (in cooperation with the University's faculties, institutes and units):

### Non-degree programmes:

- Minor in Northern Resources 25 ECTS cr.
- Arctic Studies Program ASP (Arctic Centre) 25-60 ECTS cr.
- Circumpolar Studies Program (University of the Arctic) 72 ECTS cr.
- Arctic Governance ARG (Northern Institute for Environmental and Minority Law) 30 ECTS cr.
- Russian Studies Programme RSP (Faculty of Social Sciences) 25 ECTS cr.
- Intercultural Communication Programme ICP (Language Centre) 25 ECTS cr.
- Media Analysis Programme (Faculty of Art and Design) 25 ECTS cr.
- Cultural Industries Programme (Faculty of Business and Tourism, Faculty of Art and Design, and Faculty of Law) 25 ECTS cr.

### Degree Programmes:

- Master's Degree Programme in Northern Resources (Faculty of Social Sciences) 120 ECTS cr.

## Practical Information

The Programme Coordinators and the International Studies Coordinator of the ISC are responsible for the practical implementation of the programmes. The Programme Coordinators are in charge of the academic implementation, literature exams and matters related to the academic content of the courses. The International Studies Coordinator, who works at the International Studies Centre, is responsible for practical matters, such as disseminating information about the programmes, scheduling and maintaining student records.

## Studying at the ISC

Courses offered in English at the International Studies Centre may consist of lectures, seminars, group work, workshops, excursions, essays and/or independent studies of relevant reading material (books, articles, etc). Completing a lecture course usually includes active participation in lectures and a written assignment (lecture journal, essay) or taking a written examination on the lectures and possible reading materials. Seminars include presenting one's work to the other participants. The tutor in charge of the course will explain the system of study of his/her course in more detail.

In addition to contact teaching, students can take literature exams in programmes coordinated by the ISC. Literature exams are written exams based on independent study of a set of reading material. Literature exams are held on the general exam days of the Department of Research Methodology throughout the academic year. Note that in the Arctic Studies Program there are three possible dates

set for each literature exam. Students should always contact the International Studies Co-ordinator in order to check the required reading and the time for the exam. Please, note that all students are required to register for the literature exams.

## 12.2 Master's Degree Programme in Northern Resources 120 ECTS cr.

### Program Overview

The University of Lapland's international Master's Degree Programme in Northern Resources addresses the need to educate experts on the North. The rich array of themes relevant to the region is centred on the concept of resource, which encompasses not only renewable and non-renewable natural resources but also human resources. The latter embraces the know-how and experiences of people in the North, as well as the settings in which they work. Thus, resources are not confined to physical, technological or economic assets but take in social, political and cultural factors as well.

The focus of the Master's Degree Programme in Northern Resources is on the issue of resources in the context of the circumpolar Arctic, in particular Northern Fennoscandia and Northwest Russia. Although this master's programme has a particular focus on the European North, it is invariably linked to the distinctive range of issues affecting the Arctic and other peripheral regions of the world as described in the Arctic Human Development Report by the Arctic Council. Understanding regional development is in fact a very global theme - a salient topic for communities and societies around the world on both the academic and practical levels. This master's programme is multidisciplinary in nature, with specialised subject studies taught by researchers and teachers who are experts in their field. Upon successful

completion of the programme, students will be awarded a Master's of Social Sciences degree (M Soc Sc) from the Faculty of Social Sciences at the University of Lapland.

### Student Intake

The Master's Degree Programme in Northern Resources is a 2-year programme, with the current programme period being 2005 - 2007. The next programme period is planned for 2007-2009, with the corresponding student intake round beginning in December 2006, and courses starting in September 2007.

### Coordination

The Master's Degree Programme in Northern Resources is organised and coordinated by the International Studies Centre ISC at the University of Lapland. The Programme Co-ordinator is responsible for the practical implementation of matters such as the academic content and functioning of courses, disseminating information about the programme, scheduling and maintaining student records. The Programme Lecturer and Senior Scientist are in charge of supervising the studies of the students, including literature exams and matters related to their personal study plans (PSP). In addition, and in conjunction with faculty professor, they are responsible for supervising the thesis works of the students.

#### Programme Coordinator

Pierre-André Forest, MSc.  
International Studies Centre ISC  
Tel. +358 (0)16 341 4220  
Firstname@Lastname@ulapland.fi

#### Lecturer

Alain A. Grenier, PhD  
International Studies Centre

#### Senior Scientist / Docent

Lassi Heininen, PhD  
Faculty of Social Sciences

## Structure and Content of the programme

Studies in the programme consist of compulsory studies common to all participants, and a fixed amount of optional studies. Besides specialised subject studies offered in the Resources in a Northern context; The North in a globalised and localised world; and Major subject study modules, other programme modules include; Master's thesis, Methodological studies, and if necessary, Supplementary studies and Language studies. The programme is multidisciplinary in nature; however students are required to study International Relations / Political Science as a major subject. The Master's Degree Programme in Northern Resources consists of graduate-level studies.

During the first year, students of the programme focus on specialised subject studies, and in the second year they focus on individual studies (e.g. research seminars; methodology study circle; thesis writing). Thus, during the academic year 2006 - 2007 (the 2nd year of the current programme period 2005 - 2007), the number of courses offered by the Master's Degree Programme in Northern Resources is limited.

**Note: The following programme structure is for the 2005 - 2007 programme period. For further information on current and future programme periods, please use WebOodi or visit the Northern Resources web-pages: [www.ulapland.fi/NR](http://www.ulapland.fi/NR)**

### KINR1300 Master's Degree Programme in Northern Resources 120 ECTS cr.

- KINR1301 Resources in the Northern Context (21 ECTS cr.)
- KINR1302 The North in the Globalised and Localised World (14 ECTS cr.)
- KINR1303 Studies in the Major (35 ECTS cr.)

- KINR1306 Master's Thesis (40 ECTS cr.)
- KINR1307 Method Studies (10 ECTS cr.)
- KINR1308 Supplementary Studies (0-60 ECTS cr.)
- KINR1309 Language Studies (0-10 ECTS cr.)

### Courses offered during the Academic year 2006 - 2007

- KINR1343 European Union; Regionalisation and Globalisation in the European North 8 ECTS cr.
- KINR1374 Methodology Study Circle 4 ECTS cr.

More detailed information on the courses and their timing (teaching period 1-4) will be published on the following website: [www.ulapland.fi/nr](http://www.ulapland.fi/nr) by the 28th of April 2006.

**Please note that in addition to these two courses there may be some other studies offered in the programme during academic year 2006-2007. Always look for latest information at [www.ulapland.fi/NR](http://www.ulapland.fi/NR) or WebOodi.**

## 12.3 Minor in Northern Resources 25 ECTS cr.

### Programme Overview

Over the past couple of decades the circumpolar north, and in particular the European north, has changed dramatically. Gone are the ideological, political, and military divides of the past, and in are new development initiatives and effective forms of cross-boundary cooperation, to the point where we now find ourselves living and working in an utterly different environment than before. Northern Fennoscandia (i.e. northern parts of Norway, Sweden and Finland and North-west Russia)

now forms an area with unique potential for growth, as the natural resources of this region interest many actors. Nevertheless, the natural environment still remains as sensitive to disturbance as they ever have been, and it is possible that within the next few decades, this region will undergo substantial climatic and environmental change, thus, potentially impacting not only on ecological processes in this region but also precipitate change on economic, social, and cultural processes.

The rich arrays of themes relevant to this region are centred on the concept of resources, which encompasses not only renewable and non-renewable natural resources but also human resources. Therefore, there is a need to educate experts on the North, to increase the understanding of how these dynamic processes are interrelated and interdependent. The key question here is how we can create a space for living and working that advances the well being of people and local communities in the context of the region's potential, without being detrimental to the environment. Hence, the Minor in Northern Resources offers basic information that will help one understand and answer such challenging social questions.

**Please note that the Minor in Northern Resources does not award a degree!**

## Coordination

The Minor in Northern Resources is organised and coordinated by the International Studies Centre ISC at the University of Lapland. The Programme Coordinator is responsible for the practical implementation of matters such as the academic content and functioning of courses, disseminating information about the programme, scheduling and maintaining student records, and literature exams.

### Programme Coordinator

Pierre-André Forest, MSc.  
International Studies Centre  
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## Structure of studies 2006–2007

The programme is designed for Finnish and International degree students, exchange students, and special groups. All of the courses are taught in English, and studies in the programme consist of compulsory studies (10 ECTS cr.) and optional studies (15 ECTS cr.). The programme consists of undergraduate-level studies.

## Courses 2006–2007

A detailed listing of individual courses and their contents was not available at the time of printing. Please use WebOodi or visit the Northern Resources web-pages for details. [www.ulapland.fi/NR](http://www.ulapland.fi/NR)

The Minor in Northern Resources is open to international exchange students and all degree students of the University of Lapland. Please note that it may not be possible to complete the whole programme within autumn or spring semester.

**The information presented here was correct at the time of printing, but please note that changes are possible.**

## 12.4 Arctic Studies Program ASP 25-60 ECTS cr.

### Introduction

The Arctic Studies Program (ASP) offers a unique opportunity to specialize in Arctic issues. The approach of the ASP is truly multidisciplinary and it provides comprehensive knowledge of the physical, environmental, social and cultural aspects of the Arctic. In addition to the courses the students do individual research on Arctic issues under the supervision of the Arctic Centre's senior scientists. All teaching is in English.

The program is organized and coordinat-

ed by the Arctic Centre and the International Studies Centre at the University of Lapland. It is connected to the Arctic Centre's Research Department and the courses in the program are taught by senior scientists and other researchers at the Arctic Centre. The Arctic Centre's researchers, who represent various nationalities and disciplines, use an interdisciplinary approach to study northern questions. The research sheds light in many ways on opportunities in and threats to Arctic areas. The program provides a comprehensive foundation on all aspects of the Arctic; students have an opportunity to specialize in advanced themes, such as Arctic indigenous studies, Arctic governance, and global change in the Arctic. The Arctic Studies Program consists of undergraduate-level studies.

**Please note that the Arctic Studies Program does not award a degree!**

## Applications

The ASP is open to international exchange students, Finnish degree students and northern professionals who would like to improve their knowledge of the North. It is intended for students and professionals who are interested in the Arctic and Circumpolar North, who want to gain interdisciplinary knowledge on Arctic issues or who have a research interest in Arctic issues. To be eligible to apply to study in the Arctic Studies Program students are required to have at least two years of university studies in a relevant field of science (official certificate or transcript), to be currently enrolled at or have graduated from a university (official certificate) and to have a good command of English.

## Tuition Fee

The tuition fee for the ASP is EUR 841 for one academic year. The tuition fee is waived if the student is

1) an undergraduate at an institution within the European Union;

2) participant in an exchange programme (Erasmus, North2north, First, Nordplus) or  
3) enrolled at university that has a bilateral agreement with the University of Lapland.

## Credits

In this programme, one ECTS credit corresponds to about 27 hours of work on the part of the student. This work may include participation in lectures or exercises, required reading, the writing of written exercises, essays or lecture journals, or preparation for examinations. The amount of contact teaching may vary from course to course, but is some 8 to 10 hours per ECTS cr.

## Other Information

ASP courses are arranged in the autumn semester (September – December) and in the spring semester (January – May) during the 4 teaching periods. During excursions and trips, students must be prepared to pay for all expenses from private funds or from scholarships obtained in their own country. The ASP or the University of Lapland does not have any funds available to support students in need of financial assistance.

## Coordination

The Academic Coordinator and the International Studies Coordinator of ISC are responsible for the practical implementation of the program. The Academic Coordinator is in charge of the academic implementation, literature exams and matters related to the academic content of the courses. The International Studies Coordinator, who works in the International Studies Centre, is responsible for practical matters, such as disseminating information about program, scheduling and maintaining student records.

**Academic Coordinator**

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**International Studies Coordinator**

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**Structure of Studies  
2006–2007**

The Arctic Studies Program is available either as a 25 ECTS cr. or 60 ECTS cr. minor.

The 25 ECTS cr. minor can be completed in the autumn semester. Please contact the ISC for information on other possible 25 ECTS cr. combinations (in the spring semester). It takes a full academic year to complete the 60 ECTS credit minor. In the 60 ECTS cr. minor, students must choose at least one advanced theme for specialization.

**Arctic Studies 25 ECTS cr. Minor**

- **Compulsory studies (16 ECTS cr.)**
  - Introduction to the Arctic (2 ECTS cr.)
  - Arctic Nature and Environment (4 ECTS cr.)
  - Arctic Cultures and Societies (4 ECTS cr.)
  - Globalization and Arctic Sustainability (4 ECTS cr.)
  - Research Seminar I (2 ECTS cr.)

**Optional Studies (9 ECTS cr.)**

- Arctic Indigenous Studies / Politics (3-9 ECTS cr.)
- Arctic Governance (3-9 ECTS cr.)
- Supplementary ASP Courses (0-6 ECTS cr.)
- ASP Field School (3 ECTS cr.)

**Arctic Studies 60 ECTS cr. Minor****Compulsory Studies (24 ECTS cr.)**

- Introduction to the Arctic (2 ECTS cr.)
- Arctic Nature and Environment (4 ECTS cr.)
  - Arctic Cultures and Societies (4 ECTS cr.)
  - Globalization and Arctic Sustainability (4 ECTS cr.)
- Research Seminar I (2 ECTS cr.)
- Research Seminar II (8 ECTS cr.)

**Optional Studies (36 ECTS cr.)**

- Arctic Indigenous Studies / Politics (15-18 ECTS cr.)
- Arctic Governance (15-18 ECTS cr.)
- Supplementary ASP Courses (0-6 ECTS cr.)
- ASP Field School (0-6 ECTS cr.)

**Courses 2006–2007**

A list of courses offered in 2006–2007 and detailed information of the requirements will be published on the following website: [www.ulapland.fi/asp](http://www.ulapland.fi/asp), and WebOodi by the 28th of April 2006. If you visit the web-site earlier than that, you can find the 2005–2006 program structure and course offerings.

The Arctic Studies Program is open to international exchange students and all degree students of the University of Lapland.

**The information presented here was correct at the time of printing, but please note that changes are possible.**

**12.5 ISC Field School  
6-8 ECTS cr.****Programme Overview**

The ISC Field School takes advantage of our special location to provide an opportunity for students to learn about the peoples and environments of the region first-hand. The Arctic

Studies Program was among the first programs to organize student excursions to the Kola Peninsula and, together with our partners in northwest Russia, has a wealth of experience in this challenging and dynamic part of the world. In addition to regular excursions to the Kola Peninsula, the ISC Field School also organizes academic trips of different length and content within Finnish Lapland, northern Norway, and other areas of the Barents Region.

**ISC Field School consists of three excursions and optional excursions:**

- Pyhäunturi Excursion
- Kola Peninsula Excursion (3 – 4 ECTS cr.)
- Finnmark Excursion (3 – 4 ECTS cr.)
- Optional excursions (1 – 5 ECTS cr.)

**For Students**

The ISC Field School is open to University of Lapland's degree students, international exchange students, and northern professionals, who would like to improve their knowledge of the North. The language of teaching is English.

Participants will be charged an excursion fee to cover the travel costs, accommodation and food. Please note that when an excursion is a mandatory part of degree studies, degree students are exempted from paying an excursion fee. Excursions will be arranged only if there are enough participants.

Arctic Studies Program and the University of Lapland do not have any funds available to support students in need of financial assistance. Students must be prepared to meet all expenses from private funds or from scholarships obtained in their own country.

**Coordination**

The Academic Coordinator and the International Studies Coordinator are responsible for practical implementation of the program. The Academic Coordinator is in charge of the

academic implementation, literature exams and matters related to the academic content of the courses. The International Studies Coordinator is responsible for practical matters such as disseminating information about the program, scheduling and maintaining student records.

**Academic Coordinator**

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**Excursion 2006–2007****Kola Peninsula Excursion**

If you have always wanted to visit Russia, here is your unique chance. The International Studies Centre will again arrange its traditional excursion the Kola Peninsula during academic year 2006-2007.

During the trip, we will visit the biggest city in Arctic; Murmansk (pop. 370 000), the Sámi culture center of Lovozero and the famous mining town Apatity. You will learn about nature, the economy, politics and culture in the Kola Region, not to mention see the exotic Kola Peninsula with your own eyes.

The excursion is intended for both students and staff of the University of Lapland. However, priority will be given to students taking part in the Arctic Studies or Russian Studies programmes. Details such as the dates, the excursion fee and programme will be announced later during summer / autumn 2006. Please visit [www.ulapland.fi/isc](http://www.ulapland.fi/isc) to see

photos and stories from previous Kola excursions.

The fee for the one-week excursion will be about EUR 350, which includes transportation, accommodation, most meals, and the programme. Students will have to pay the visa and insurance costs themselves (additional EUR 50 – 120 depending on your nationality). The University of Lapland will take care of the visa arrangements.

The excursion will be arranged in cooperation with the Arctic Centre and it is a part of the Arctic Studies and Russian Studies programmes. Further information may be obtained from the International Studies Coordinator of the International Studies Centre.

More information on other excursions organised during the academic year 2006–2007 will be published on [www.ulapland.fi/isc](http://www.ulapland.fi/isc) and WebOodi by the 28th of April 2006. The information presented here was correct at the time of printing, but please note that changes are possible.

## 12.6 Circumpolar Studies Program BCS 72 ECTS cr.

### Introduction

The Circumpolar Studies Program (BCS) is a new way for students attending University of the Arctic (UArctic) member institutions to learn about the North, with courses held in the classroom, online, out-doors and around the world. As UArctic's signature undergraduate programme, the BCS provides a solid understanding of issues relevant to the Arctic and opportunities to further study unique and diverse research subjects.

You can choose Circumpolar Studies as your main study subject ('major') or combine it with other degree programmes at your home institution. The BCS program gives you the opportunity to learn about the regions, peoples and issues of the Circumpolar North

and prepares you for advanced study or professional employment in fields as diverse as sustainable resource management, self-government, Arctic engineering and tourism. The Circumpolar Studies Program consists of undergraduate level studies.

### Circumpolar Studies (BCS) at the University of Lapland

The Circumpolar Studies (BCS) program consists of three components: Introduction, Core Courses and Advanced Emphases. Most students will take at least the introduction and core, depending on what options are available at their home institution and whether they choose to take the BCS as their main subject or as part of other studies. Completion of the University of the Arctic's BCS program requires the completion of at least one Advanced Emphasis.

The University of Lapland offers its students the full Circumpolar Studies Program with an Advanced Emphases in Arctic Governance. Students can study Circumpolar Studies in the framework of the University of Lapland's Arctic Studies Program (ASP) (60 ECTS cr.). The language of instruction is English.

**Please note that the University of Lapland does not grant a degree in Circumpolar Studies, but BCS credits taken at the University of Lapland can be transferred directly if your home institution offers such a degree.**

### Credits

In this programme, one ECTS cr. corresponds to about 27 hours of work on the part of the student. This work may include participation in lectures or exercises, required reading, the writing of written exercises, essays or lecture journals, or preparation for examinations. The amount of contact teaching may vary from

course to course, but is some 8 to 10 hours per ECTS cr.

### Coordination

The Academic Coordinator and the International Studies Coordinator of ISC are responsible for the practical implementation of the programmes. The Academic Coordinator is in charge of the academic implementation, literature exams and matters related to the academic content of the courses. The International Studies Coordinator is responsible for practical matters, such as disseminating information about the programme, scheduling, and maintaining student records.

#### Academic Coordinator

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### Structure of Studies 2006–2007

#### Circumpolar Studies Program (72 ECTS cr.)

- **Introduction Studies (6 ECTS cr.)**
  - KBKS1101 Introduction to the Circumpolar World (6 ECTS cr.)
- **BCS Core Courses (36 ECTS cr.)**
  - Land and Environment I (6 ECTS cr.)
  - Land and Environment II (6 ECTS cr.)
  - Peoples and Cultures I (6 ECTS cr.)
  - Peoples and Cultures II (6 ECTS cr.)
  - Contemporary Issues I (6 ECTS cr.)
  - Contemporary Issues II (6 ECTS cr.)
- **Advanced Emphases (30 ECTS cr.)**
  - Arctic Governance ARG (30 ECTS cr.)

**Please note that in addition to ARG the University of Lapland may offer other Advanced Emphases in the coming academic year 2006–2007.**

### Courses 2006–2007

A list of courses offered in 2006–2007 and detailed information of the requirements will be posted on the following website: [www.ulapland.fi/bcs](http://www.ulapland.fi/bcs) and WebOodi by the 28th of April 2006. If you visit the website earlier than that, you can find the 2005–2006 program structure and course offerings.

**The information presented here was correct at the time of printing, but please note that changes are possible.**

### University of the Arctic

The University of the Arctic (UArctic) is an international non-governmental organisation dedicated to higher education in and about the Circumpolar North. UArctic is a decentralised university without walls that mounts programmes of higher education and research, builds local and regional educational capacity, and stimulates cooperation among participating institutions.

#### Contact Information

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[www.uarctic.org](http://www.uarctic.org)

## 12.7 Russian Studies Programme RSP 25 ECTS cr.

### Introduction

The political and economic importance of Russia has not decreased in the post-Cold War era. Quite the contrary, present-day Russia is opening up to the rest of the world in a distinctly new fashion, making deeper knowledge of the country indispensable for many purposes. With this need in mind, the programme undertakes to provide basic information on the present situation and special conditions in Russia with a focus on the Barents region. The approach taken is multidisciplinary in nature, addressing issues with due consideration for relevant political, economic, cultural and environmental factors. The programme is designed for Finnish and foreign degree students, exchange students, and special groups. Most of the courses are taught in English; some are given in Finnish. The Russian Studies Programme consists of undergraduate-level studies.

**Please note that the Russian Studies Programme does not award a degree!**

### Credits

In this programme, one ECTS cr. corresponds to about 27 hours of work on the part of the student. This work may include participation in lectures or exercises, required reading, the writing of written exercises, essays or lecture journals, or preparation for examinations. The amount of contact teaching may vary from course to course, but is some 8 to 10 hours per ECTS cr.

### Coordination

The Programme Coordinator and the International Studies Coordinator are responsible for practical implementation of the pro-

gramme. The Programme coordinator is in charge of the academic implementation, literature exams and matters related to the academic content of the courses. The International Studies Coordinator, who works in the International Studies Centre, is responsible for practical matters such as disseminating information about the programme, scheduling and maintaining student records.

#### Programme Coordinator

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#### International Studies Coordinator

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### Structure of Studies 2006–2007

#### KRSP1100 Russian Studies Programme 25 ECTS cr.

##### Compulsory studies 7 ECTS cr.

- KRSP1101 Introduction to Russian History and Society (7 ECTS cr.)

##### Optional studies 18 ECTS cr.

- KRSP1102 Economics and Livelihood (max 8 ECTS cr.)
- KRSP1103 Social and Political Issues (max 8 ECTS cr.)
- KRSP1104 Language Studies (max 6 ECTS cr.)
- KRSP1105 Alternative Courses (max 7 ECTS cr.)

### Courses 2006–2007

A list of courses and detailed information of the requirements will be published on the

following website: [www.ulapland.fi/rsp](http://www.ulapland.fi/rsp), and WebOodi by the 28th of April 2006.

**Please note that the Kola Peninsula Excursion offered in the Arctic Studies Program Field School (see chapter 12.5) can be included in the Russian Studies Program.**

The Russian Studies Programme is open to international exchange students and all degree students of the University of Lapland. Please note that it may not be possible to complete the whole programme within autumn or spring semester.

**The information presented here was correct at the time of printing, but please note that changes are possible.**

## 12.8 Intercultural Communication Programme ICP 25 ECTS cr.

### Introduction

The purpose of the programme is to introduce the salient themes in the field of intercultural communication and to provide students with the theoretical and practical foundation needed to cope in intercultural interaction. The aim of the teaching is to familiarize students with the communicative practices of Finnish and foreign cultures and to explore the impact of these practices on broader social issues. Intercultural communication skills are particularly important in a world which is becoming increasingly global and international. The programme is designed for Finnish and foreign degree students, exchange students, and special groups. Most of the courses are taught in English; some are given in French, German, Russian or Finnish. The Intercultural Communication Programme consists of undergraduate-level studies.

**Please note that the Intercultural Communication Programme does not award a degree!**

### Credits

In this programme, one ECTS credit corresponds to about 27 hours of work on the part of the student. This work may include participation in lectures or exercises, required reading, the writing of written exercises, essays or lecture journals, or preparation for examinations. The amount of contact teaching may vary from course to course, but is some 8 to 10 hours per ECTS credit.

### Coordination

The Programme Coordinator and the International Studies Coordinator are responsible for the practical implementation of the programme. The coordinator is in charge of the academic implementation, literature exams and matters related to the academic content of the courses. The Coordinator, who works in the International Studies Centre, is responsible for practical matters, such as disseminating information about the programme, scheduling, and maintaining student records.

#### Programme Coordinator

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#### International Studies Coordinator

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### Structure of Studies 2006–2007

#### KICP1100 Intercultural Communication Programme 25 ECTS cr.

- KICP1101 Introduction to Intercultural Communication (7 ECTS cr.)
- KICP1102 Language and Culture Studies (6-8 ECTS cr.)

- KICP1103 Applications of Intercultural Communication (10-12 ECTS cr.)

## Courses 2006–2007

A list of courses and detailed information of the requirements will be published on the following website:

www.ulapland.fi/icp and in WebOodi by the 28th of April 2006.

The Intercultural Communication Programme is open to international exchange students and all degree students of the University of Lapland. Please note that it may not be possible to complete the whole programme within autumn or spring semester

**The information presented here was correct at the time of printing, but please note that changes are possible.**

## 12.9 Media Analysis Programme 25 ECTS cr.

### Introduction

This interdisciplinary 'minor' in Media Analysis is comprised of a suite of five courses. Each course approaches the analysis of media based on the particular content and form that is its focus, as well as on media production, distribution and consumption. The overall aim is that the courses complement one another in terms of cultural, sociological, historical, economic and political emphases, so that the student gains the informed insight and rigorous methodology needed to critically analyse contemporary and future media. Each course situates media within the international global context, and although this minor includes analysis of 'traditional' media forms, its dominant emphasis is on analysing the convergence of these forms and the emergence of new forms as 'new media' communications. The Media Analysis minor is a challenging academic discipline relevant not

just to students whose major area is Media and Communications, but also to students of Social Science, Intercultural Communications, Education and Law. The Media Analysis Programme consists of undergraduate-level studies

**Please note that the Media Analysis Programme does not award a degree!**

### Credits

In this programme, one ECTS credit corresponds to about 27 hours of work on the part of the student. This work may include participation in lectures or exercises, required reading, the writing of written exercises, essays or lecture journals, or preparation for examinations. The amount of contact teaching may vary from course to course, but is some 8 to 10 hours per ECTS credit.

### Coordination

The Programme Coordinator and the Assistant are responsible for practical implementation of the program. The Programme Coordinator is in charge of the academic implementation, literature exams and matters related to the academic content of the courses. The Assistant is responsible for practical matters such as disseminating information about the program, scheduling and maintaining student records.

#### Programme Coordinator

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#### Assistant

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## Structure of Studies 2006–2007

### Media Analysis Programme 25 ECTS cr.

- AAUV0324 Questions in Media Education (5 ECTS cr.)
- AAUV0334 International Comparative Media Studies (8 ECTS cr.)
- AVID0802 Integration of the Moving Image (3 ECTS cr.)
- AAUV0323 Media Archaeology (5 ECTS cr.)
- AAVM0106 Contradictions in the Digital Cultural Industry (4 ECTS cr.)
- AAUV2101 Literature (3-5 ECTS cr.)
- AAUV2102 Alternative Courses (3-7 ECTS cr.)

### Courses 2006–2007

A list of courses and detailed information of the requirements will be published on the following website: www.ulapland.fi/isc and WebOodi by the 28th of April 2006

The Media Analysis Programme is open to international exchange students and all degree students of the University of Lapland. Please note that it may not be possible to complete the whole programme within autumn or spring semester

**The information presented here was correct at the time of printing, but please note that courses for the programme are subject to change and substitution.**

## 12.10 Cultural Industries Programme 25 ECTS cr.

### Introduction

Cultural Industries Programme is a new, English-language study module jointly organised by the Faculty of Business & Tourism, Fac-

ulty of Art & Design, Faculty of Law, and the Lapland Centre of Expertise for the Experience Industry. The aim of the programme is to offer insights into culture and cultural products as products, and the legal and commercial processes involved with organising cultural events and producing creative media products. The programme and its individual courses are open to exchange and degree students of the University of Lapland. The maximum number of participants is 40 students.

**Please note that the Cultural Industries Programme does not award a degree!**

### Credits

In this programme, one ECTS credit corresponds to 27 hours of work on the part of the student. This work may include participation in lectures or exercises, required reading, the writing of written exercises, essays or lecture journals, or preparation for examinations. The amount of contact teaching may vary from course to course, but is some 8 to 10 hours per ECTS credit.

### Scholarships

Please note that the Cultural Industries Programme and the University of Lapland do not have any funds available to support students in need of financial assistance. Students must be prepared for all expenses with private funds or scholarships obtained in their own country.

### Coordination

The Programme Coordinator and the International Studies Coordinator are responsible for the practical implementation of the program. The Programme Coordinator is in charge of the academic implementation, literature exams and matters related to the academic content of the courses. The International Studies Coordinator is responsible for practical matters, such as disseminating in-

formation about the program, scheduling and maintaining student records.

#### Programme Coordinator

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#### International Studies Coordinator

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### Structure of Studies

#### CULT1100 Cultural Industries Programme 25 ECTS cr.

- CULT1101 Introduction to Cultural Industries (2 ECTS cr.)
- CULT1102 Cultural Events in Lapland (3 ECTS cr.)
- YMAT1216 Leisure Studies (5 ECTS cr.)
- AAVM0106 Contradictions in the Digital Cultural Industry (4 ECTS cr.)
- OLAW0604 Intellectual Property Rights in Media and Cultural Industries-an Introduction (3 ECTS cr.)
- YMAR1314 Consumer Cultures (5 ECTS cr.)
- CULT1103 Experience Industry Workshop (3 ECTS cr.)
- CULT1103 Alternative Courses (3-5 ECTS cr.)

### Courses 2006–2007

Please note that the Cultural Industries Programme will be offered during spring semester 2007. A list of courses and detailed information of the requirements will be published on the following website: [www.ulapland.fi/ci](http://www.ulapland.fi/ci) and in WebOodi by the 31st of August 2006. If you visit the website earlier than that, you can find the 2005–2006 programme structure and course offerings.

The Cultural Industries Programme is open to international exchange students and all degree students of the University of Lapland.

**The information presented here was correct at the time of printing, but please note that changes are possible.**

## 13. Faculty of Art and Design

### Studying at the Faculty

The Faculty of Art and Design offers a wide variety of courses in English. Instruction in the faculty can be divided roughly into theory courses, seminars, studio practice, workshops and projects. Theory courses are based on lectures and/or literature, and include written examinations and essays. In seminars, workshops, and studio practice the number of students vary between 12 and 18 depending on the course subject, and accordingly the number of places available for exchange students is restricted. All courses require independent work. The faculty also hosts several visiting teachers each year, and the information on their teaching will be available prior to the visits. Exchange students are free to choose courses from other faculties, the International Studies Centre as well as the Language Centre. In addition, doctoral level exchange students may join courses offered in English in the Centre for Research Education. The education offered to international students in the Faculty of Art and Design takes place mainly in English. Where the teaching is in Finnish, guidance and directions will be given in English.

Theory courses of the faculty of art and design are also available to exchange students from other faculties.

### Application

All applicants are required to produce and submit a portfolio of 5 – 6 works, a study plan and a letter of intention with their application. Only the students applying to study theoretical media analysis courses are exempt from this requirement. The Faculty of Art and Design is able to accept a restricted number of exchange students. Students are chosen

based on their application, portfolio and the letter of motivation. Priority is given to exchange students from partner institutions. The departments are also compelled to view the applicants based on the places available, thus trying to keep a balance between outgoing and incoming exchange students. Decisions are made at the beginning of June / November.

### Study Plan

The applicant's study plan serves as a starting point for the final learning agreement. The faculty reserves places for exchange students to the faculty's courses on basis of the study plan/learning agreement. The learning agreement can be revised in the beginning of the semester in students and teachers meeting.

### Portfolio Requirements

#### Design Studies

*(Graphic Design, Textile and Clothing, Industrial Design)*

The Portfolio must include 5 – 7 design projects, one project presented from the early hand drawn concepts to the final presentation (either photos of the design model or a digital presentation picture). Please, add the information of each project: Are they made privately, are they schoolwork or made as teamwork? Add also the tutor's name to each project.

#### Media Studies

*(Audiovisual Media Culture)*

The Portfolio must include 5 – 7 art works. They may be presented as printed copies, printed sample pages of any media presentations, original photos etc. All projects should

### 13. Faculty of Art and Design

include a short written explanation of the context and the tutor's name.

#### Art Education

The Portfolio is optional but recommended, as it helps us to place the applicant for suitable courses or projects offered according to the interest of the applicant. Thus, the written, personal study plan is important. The portfolio is compulsory for students who apply to advanced level fine art studies. The portfolio can be presented as printed copies, printed sample pages of any media presentations, original photos etc. All projects should include a short written explanation of the context and the tutor's name. The Portfolio must be in printed form (no CD:s, no web pages) and the maximum size is 15 A4 (letter) pages.

**The portfolios are returned to the students.**

### Courses 2006–2007

#### Northern Art and Culture

- Review of Finnish Art History
- Review of 20th Century Finnish Art
- Art in the North
- Excursion to the Finnish Cultural Monuments and Exhibitions
- Art in Public Spaces and Exhibitions
- Cultural History Literature Exams

#### Art in Public Sphere

- Introduction to Photography
- Independent Photography Studies Seminar
- Methodological Photographic Practices
- Adaptation charting
- Excursion to the Finnish Cultural Monuments and Exhibitions
- Art in Public Spaces and Exhibitions
- Media Expression Workshop

#### Art Education

- Introduction to Drawing and Painting
- Life Drawing
- Introduction to Sculpture

- Introduction to Printmaking
- Ceramics
- Video- and film expression
- Graphic Design and Expression
- Introduction to Media Tools
- Media Expression Workshop
- Media Pedagogy Literature
- Advanced Drawing and Painting
- Advanced Printmaking
- Advanced Sculpture
- Artistic Production
- Required Reading I
- Required Reading II

#### Community Art and Environment Studies

*Compulsory courses:*

- Introduction to Community Art and Environment
- Art in the North
- Space, Time and Place Workshop
- Community and Environment Art Project

*Optional workshop studies:*

- Fire Sculpting
- Snow Sculpting
- Ice Sculpting
- Environmental Art
- Optional Theoretical Studies in Community Art and Environment
- Winter Art and Winter Culture in Theory
- Theory in Environmental and Community Art

#### Industrial Design - courses during spring 2007

- Introduction to Workshops and Model Making
- Industrial Design Project I
- Industrial Design Project II
- Design Literature II
- Design Literature III
- Design and Cultural Identity
- Advanced Wood Workshop
- Advanced Metal Workshop
- Optional Workshops

#### Media Studies – Audiovisual Media Culture and Graphic Design

- Typography I
- Advertising Graphics
- Layout and Publishing
- Artistic Project in Graphic Design
- Media Tools I
- Media Tools II
- Interface Design
- Web Production
- Audiovisual Expression
- Artistic Production in Audiovisual Media Culture
- Production Workshop in Audiovisual Media Culture

#### Media Analysis Programme (more information in chapter 12.9)

- Questions in Media Education
- International Comparative Media Studies
- Integration of the Moving Image
- Media Archaeology
- Contradictions in the Digital Cultural Industry
- Literature
- Alternative Courses

#### Textile and Clothing Design

- Textile Design
- Clothing Design
- Printing Workshop
- Felting Workshop
- Weaving Workshop
- Textile History
- CAD I: Adobe Photoshop
- CAD II: CorelDRAW
- CAD III: Lectra Prima Vision

The information presented here was correct at the time of printing, but please note that changes are possible. More detailed information on the courses available as well as their timing (teaching period 1-4) will be published on the following website by the 28th of April 2006.

[www.ulapland.fi/studies/art](http://www.ulapland.fi/studies/art)



# 14. Faculty of Business and Tourism

## Studying at the Faculty

The Faculty of Business and Tourism offers a variety of courses in the English language in five different disciplines: accounting, economics, management, marketing and tourism. The courses are mainly open to all students, with the exception of some more advanced courses at the Master's degree level. Exchange students of the Faculty are also free to include courses in their learning agreement from other Faculties, the International Studies Centre as well as the Language Centre.

An independent choice of courses gives the exchange students studying in the Faculty considerable freedom as well as responsibility over their own studies. Some of the courses offered are so-called independent study courses, and not all courses include lectures or seminars, thus facilitating independent planning of one's own study schedule.

To best take advantage of the freedom to plan your own studies, it is good to choose a variety of courses offered by different units of the university, not just the Faculty of Business and Tourism. The Learning Agreement of an exchange student at the Faculty could include, for example:

- courses from the Faculty of Business and Tourism ([www.ulapland.fi/studies/business](http://www.ulapland.fi/studies/business))
- courses from the Language Centre (e.g. Finnish for Foreigners, English Language Use and Culture)
- courses from the Faculty of Social Sciences ([www.ulapland.fi/studies/social](http://www.ulapland.fi/studies/social)) or Faculty of Law ([www.ulapland.fi/law](http://www.ulapland.fi/law))
- courses from the Intercultural Communication Programme or the Cultural Industries Programme (International Studies Centre [www.ulapland.fi/isc](http://www.ulapland.fi/isc))

## Courses 2006–2007

### Accounting

- Issues in Management Accounting
- Advanced Auditing

### Economics

- Finnish Economy
- Monetary policy and banking

### Management

- Introduction to Strategic Management
- Strategic Management
- Managerial Work
- Cooperation and Networking

### Marketing

- Marketing Communications Management
- Service and Relationship Management
- Consumer Culture
- Consumer Satisfaction
- Strategic Brand Management
- Environmental Marketing Management
- International marketing
- Internationalization of the Firm

### Tourism Studies

- Regional Issues in Tourism
- Leisure Studies
- Destination Marketing Management
- Advanced Seminar in Marketing Research in Tourism

The information presented here was correct at the time of printing, but please note that changes are possible. More detailed information on the courses available as well as their timing (teaching period 1-4) will be posted on the following website by the 28th of April 2006.

[www.ulapland.fi/studies/business](http://www.ulapland.fi/studies/business)

# 15. Faculty of Education

## Studying at the Faculty

The Faculty of Education has three degree programmes: Class Teacher Training, Education, and Adult Education, as well as courses in English as a Foreign Language. In addition to these programmes, students can also study Media Education and Women's Studies at the Faculty. Most of the studies are open to all students of the University.

## Courses 2006–2007

### Class Teacher Training

- Teaching Practice Package C English
- Special Education
- Physical Education
- Visual Expression
- Handicraft / Textiles
- Handicraft / Technical Work and Technology Education

### Education & Adult Education

- Organizations, training and management
- Global Education
- Special Education
- Arctic Studies

### Media Education

- Introduction to Media Education
- Research of Media Education
- Computer Supported Collaborative Learning (CSCL)
- Control and influence of media

### Women's Studies

- Feminist Thought, Women's Lives
- Gender and Language
- Women in History
- Women in the North
- Gender System of Society
- Feminist Social Work
- Women and Art

- Gendered Learning and Teaching Practices

### English as a Foreign Language

- English Oral Communication
- English C selected courses

The information presented here was correct at the time of printing, but please note that changes are possible. More detailed information on the courses available as well as their timing (teaching period 1-4) will be posted on the following website by the 28th of April 2006.

[www.ulapland.fi/studies/education](http://www.ulapland.fi/studies/education)



# 16. Faculty of Law

## Studying at the Faculty

Courses offered in English at the Faculty of Law may consist of lectures, seminars, group work, writing essays and/or independent study of relevant reading material (books, articles, etc). Completing a course usually includes taking a written examination on the required reading. Furthermore, a separate lecture test may be arranged after a series of lectures. The tutor in charge of the course will explain the system of study on his/her course.

Please, note that there will not be lectures on each of the courses. Some of the courses, for example, consist of independent study of the required reading and a written exam only. There is a strong emphasis on independent studying in all the courses.

The timetable for lectures in English is published in the beginning of each semester. The lectures on each topic are usually given in periodic series of lessons (e.g. during a period of one or two weeks). If the number of students attending the lectures appears to be small the lectures can be replaced by other methods of teaching, such as group work or independent writing of essays. The students should frequently check the notice board and the on-line bulletin board ([www.ulapland.fi/law](http://www.ulapland.fi/law)) of the Faculty for updates, cancellations and new courses.

*“Education provided here gave whole new look on my field of studies. Approach to law and its problems is different and opened my eyes for problems so far unknown for me.”*  
Jurand, Male, 22, Poland

## Examinations

Written examinations are held on the general examination days of the Faculty of Law throughout the academic year. The list of examinations which can be taken on each of the general examination days is published in the beginning of the academic year. The exchange students should, however, always contact the tutor in charge of the course before taking any examination in order to check the required reading and the date and time for the examination. Please, note that all students are required to register for the written examinations. This must be done using the specific registration form at least 9 days before the examination.

## Courses 2006–2007

A list of courses available in English and detailed information of the requirements will be posted on the following website by the 28th of April 2006:

[www.ulapland.fi/studies/law](http://www.ulapland.fi/studies/law)

The courses will include courses in the following fields of law: constitutional law, commercial law, criminal law, environmental law, European law, intellectual property rights and competition law, insolvency law, labour law, legal informatics, legal linguistics, private international law and comparative law, procedural law, property law, public international law, and tax law.

Most of the courses are open to all law students; some require previous studies in the relevant field of law. Students from other faculties are requested to contact the tutor in order to check if they can take the course.

The information presented here was correct at the time of printing, but please note that changes are possible.

# 17. Faculty of Social Sciences

## Studying at the Faculty

The Faculty of Social Sciences offers a variety of courses in the English language in six disciplines: administrative science, international relations, political science, rehabilitation, sociology and social work. The courses are mainly open to all students, with the exception of some more advanced courses at the Master's degree level. Courses can include lectures, seminars, writing of essays or taking exams based on independent study of books, articles or other written material. Some of the courses offered are so called independent study courses that do not include class teaching.

Exchange students of the faculty are also free to take courses from other faculties, the International Studies Centre as well as the Language Centre. Many of the courses of the Arctic Studies programme or the Intercultural Communication programme, for example, are social science courses and can therefore be easily included in your Learning agreement.

To best take advantage of the freedom to plan your own studies, it is good to choose a variety of courses offered by different units of the university, not just the Faculty of Social Sciences. The Learning Agreement of an exchange student at the Faculty could include, for example:

- courses from the Faculty of Social Sciences ([www.ulapland.fi/studies/social](http://www.ulapland.fi/studies/social))
- courses from the Language Centre (e.g. Finnish for Foreigners, English Language Use and Culture)
- courses from the Faculty of Business & Tourism ([www.ulapland.fi/studies/business](http://www.ulapland.fi/studies/business))
- courses from the Arctic Studies Programme, Intercultural Communication Programme or the Cultural Industries Programme (International Studies Centre [www.ulapland.fi/isc](http://www.ulapland.fi/isc))

## Courses 2006–2007

### Administrative Science

- Network Management
- Local Governance in Finland and Europe

### Political Science and International Relations

- Political Theory
- Political Action and Political Movements
- Concepts and Approaches in International Relations
- History of Political Thought
- Environmental Politics
- Politics of Security
- Theories of International Relations

### Rehabilitation

- Key Concepts and Theories of Rehabilitation
- Different Fields and Practices of Rehabilitation

### Sociology

- Social Change and Finnish Society
- Northern Identities and Mentalities
- Problems and topics of Sociology, which includes several course modules, e.g.: Work and Welfare, and Environmental Sociology

### Social Work

- The Nordic Welfare Models in Transition, which includes several course modules, e.g.: Field trip to Utsjoki, International Summer School, Excursions to Social Work Places, Literature exams, and Field Placements to Social Work Places
- Drinking Habits and Local Alcohol Culture

The information presented here was correct at the time of printing, but please note that changes are possible. More detailed information on the courses available as well as their timing (teaching period 1-4) will be posted on the following website by the 28th of April 2006. [www.ulapland.fi/studies/social](http://www.ulapland.fi/studies/social)

# 18. Department of Research Methodology

## Studying at the Department of Research Methodology

Courses offered in English at the Department of Research Methodology may consist of lectures, exercises, seminars, group work, writing essays and/or independent study of relevant reading material (books, articles, etc).

### Courses 2006–2007

#### Statistics

- Computational Statistics

#### Research Methods and Methodology

- Scientific Thinking and Scientific Practices, course on qualitative research
- Introduction to Traditions and Trends in Qualitative Research

If needed, also the following courses may be given in English in the autumn 2006:

- Computer Skills and Using MS Word
- Internet and E-mail
- PowerPoint

**Please note that it is also possible to participate in other methodology courses by completing a written examination. For further information contact us at [mela@ulapland.fi](mailto:mela@ulapland.fi).**

The information presented here was correct at the time of printing, but please note that changes are possible. More detailed information on the courses available as well as their timing (teaching period 1-4) will be posted on the following website:  
[www.ulapland.fi/studies/methodology](http://www.ulapland.fi/studies/methodology) and WebOodi.

# 19. Language Centre

## Studying at the Language Centre

The Language Centre provides language and communication skills instruction as part of the degree programmes for law, education, social sciences, economics and tourism, and art and design. The aim of the courses is to familiarize students with the scientific and professional language of each field. Students can choose language studies also as a minor subject for their degree. The Language Centre provides 25-credit units of language and culture – studies in Finnish for Foreigners, Swedish, English, German, French and Russian. The Language Centre also provides a 25-credit unit in Speech Communication.

## Registration for the language courses

The Language Centre of the University of Lapland offers language courses taught in English. Registration for the courses is mandatory.

Registration for the Finnish for Foreigners courses  
XFIN0001 Finnish for Foreigners 1,  
XFIN0002 Finnish for Foreigners 2,  
XFIN0003 Finnish for Foreigners 3,  
XFIN0004 Finnish for Foreigners 4 and  
XFIN0007 (Survival Finnish), the Finnish language and culture courses (25 cr.) and other language courses is done through WebOodi at the beginning of the semester. You will be sent a confirmation message with the information whether you are on the list of participants or on the waiting list.

The following information is required:

- 1) the code and name of the course
- 2) your faculty (at the University of Lapland) or ASP
- 3) family name
- 4) first name
- 5) student number
- 6) e-mail address
- 7) telephone number (if you have one)

### Courses 2006–2007

Subject-specific language courses are provided in communication skills, Swedish, English, German, French and Russian. The courses focus on academic reading, writing and oral skills. Voluntary beginner's courses are offered in German, French, Russian, Italian, Spanish and Japanese. The Finnish for Foreigners courses are provided for foreign staff and foreign students.

The information presented here was correct at the time of printing, but please note that changes are possible. More detailed information on the available courses and their timing (teaching period 1-4) will be posted on the following website and WebOodi in April 2006:

[www.ulapland.fi/studies/language](http://www.ulapland.fi/studies/language)

## International Services “Road map”

International Office	International Studies Centre	Faculty International Coordinators	Student Union LYY
Applications	Master's Degree Programme in Northern	International studies at each faculty	Student Union membership and student card
General Information and assistance for international students	Arctic Studies Programme	Learning Agreements	International Club and leisure activities
Orientation Week	Russian Studies Programme	Transcript of completed studies	Student culture and sports
Friend Family Programme	Intercultural Communication Programme	Information for outgoing exchange students	Student Health Care Services
Student Housing (www.das.fi)	Media Analysis Programme	General international issues of the faculty	
Information for outgoing exchange students	Circumpolar Studies Program		
	Cultural Industries Programme		
	Minor in Northern Resources		
	Study in Lapland Guide and Course Catalogue		